From the Retirees President

Hi all:

This has been a great first year for me with the Retirees Association. Deep appreciation to Karen Ras- mussen, also new this year, for keeping me on track with the activities and dates of a busy retiree group. Karen also works with the Emeriti so she is a busy lady. Thanks to the members of the Board for your great support and assistance with this year’s meetings and activities. Spring has sprung and so have the lovely wildflowers. Our area is no longer in a drought and the hills are in full color, but keep your allergy medicine handy. I love the beautiful blooms in the hills.

We were busy through the Winter Season with meetings and plans for moving ahead with our organization and efforts to serve our retirement community. We had some great breakfast meetings and wonderful speakers. Speakers included Sarah Case, Lecturer, Public Historian Office, Barbara Tellefson, Unity Shoppe Director of Operations and Megan Birney, President of Unite to Light. In April we are looking forward to our guest speaker Samir Rai, Community Engagement Associate of Direct Relief International.

Donna Craig organized a trip to Nethercutt Museum in Sylmar in February. Only to find out that the museum was closed on the day of the planned visit. However, we are planning possible future day trips such as trips to Chocolat du Cali Bressan in Carpinteria, tour of new Direct Relief International facilities and possible tours of interesting buildings on campus.

We were fortunate to have two days for the Board and Enrichment Committee to meet with Sue Barnes,

From the Emeriti President

Colleagues,

Spring has come and with it our spring wine and appetizer get together. This year’s event, held on April 9th featured Marc McGinnes, Professor Emeritus and founding member of UCSB’s Environmental Studies Program. Marc’s presentation, based on his new memoir “In Love With Earth” drew in over 50 retirees, emeriti and guests. He is a champion of our planet and asked us “...do you remember where were you the first time you saw the Apollo 8 Earthrise photo?” As he first recounted, it was this photo that sparked him to change his life from that of a corporate lawyer to a champion for the environment. His book, which was available for sale at the Spring Get Together, is an enjoyable read and is available on Amazon, or locally at Chaucer’s if you wish to take a look. Our next get together will be in October where we will have another interesting lecturer.

Thanks to the generosity of our members, the UCSB Emeriti Association has long supported undergraduate research. Such support will again be channeled through the UCSB Undergraduate Research Slam. The Slam offers students the chance to give dynamic, three-minute oral presentations of their research or creative activity to a panel of judges. The Emeriti Association will fund two $1000 awards—The Emeriti Award The People’s Choice Award. Our appreciation goes to Emerita Professor Merith Cosden for her

See RETIREES PRESIDENT Continued on page 6

See EMERITI PRESIDENT Continued on page 7
If you’re nearing 65, chances are you will be eligible for Medicare – the federal program to provide those over age 65 and the disabled with secure access to medical care. To keep your UC-sponsored retiree medical coverage, you and your enrolled family members need to enroll in Medicare at the appropriate time.

**UC Medicare Information Packet**

UC Retiree Insurance will mail you a Medicare information packet that includes instructions and UC forms **three months before your 65th birthday**. Your enrolled family members will also get a mailing before their 65th birthday. Medicare starts on the first day of your birth month so you need to apply for Medicare as soon as you get the packet. It is necessary that retirees apply for Medicare Part A (hospital) and B (medical) – even if you have not paid into Social Security. You may be eligible for Medicare through the work history of a spouse. If you find you are not eligible for Medicare Part A with no monthly premium, UC does not require that you enroll in Medicare.

**When to apply for Medicare**

*If you are retired, turning 65 and NOT yet receiving a Social Security pension*, apply for Medicare about 3 months prior to your 65th birthday.

*If you are retired, turning 65 and receiving a Social Security pension*, you will automatically be enrolled in Medicare Parts A and B. Social Security will mail you a Medicare card a few months before you turn 65 or become eligible for Medicare due to a disability or health condition.

**How to apply for Medicare**

Apply for Medicare Parts A and B at the Social Security office or online at [https://www.ssa.gov/medicare](https://www.ssa.gov/medicare) Or, you can meet with an advisor at the Social Security office at 122 W. Figueroa St in Santa Barbara, or in the community where you live. Call **1-866-695-6285** to make an appointment in Santa Barbara. (Nationwide **1-800-772-1213**). UC will enroll you in the UC Medicare Part D (drug) plan that is bundled with your UC medical plan. You do not need to enroll in an “individual” Part D (drug) plan.

**How to enroll in your UC-sponsored Medicare Plan**

There is a Medicare version of each UC medical plan. The UC Medicare plan is a supplement or advantage plan that helps pay expenses not paid by Medicare. There will be an enrollment form for your plan in the information packet you receive from UC Retiree Insurance. Complete the enrollment form and return it by the deadline to ensure that your coverage continues without interruption. Your family members who are not yet eligible for Medicare will stay on the non-Medicare version of your UC medical plan.

**More information about UC Medicare plans**

UCnet website: [http://ucnet.universityofcalifornia.edu](http://ucnet.universityofcalifornia.edu) Search for “Medicare” for a list of help sheets, resources and forms.

Questions about your retiree medical benefits? Call UC Retirement Administration Service Center (RASC) at **1-800-888-8267**
Retirement Administration Service Center upgrading technology
Friday, February 1, 2019

The UC Retirement Plan has grown substantially over the years. It now serves more than 130,000 active faculty and staff members and over 76,000 benefit recipients, with membership spanning multiple retirement tiers. In 2019, the UC Retirement Administration Service Center (RASC) will be upgrading its technology platform. “This is an exciting time, as the new platform will allow the RASC to more effectively manage service levels, introduce greater efficiency, and in the future, introduce additional lines of communication to support our members,” said RASC director Ellen Lorenz.

Although the RASC is taking many steps to minimize disruption during the upgrade process, it’s possible that callers to the Center may experience some delays during the transition. “We appreciate your patience, and we know this technology upgrade over time will help us better serve our current and future retirees,” said Lorenz.


UC Terminates Subscriptions with Scientific Publisher
Thursday, February 28, 2019

As a leader in the global movement toward open access to publicly funded research, the University of California is taking a firm stand by deciding not to renew its subscriptions with Elsevier. Despite months of contract negotiations, Elsevier was unwilling to meet UC's key goal: securing universal open access to UC research while containing the rapidly escalating costs associated with for-profit journals. Read more on UCnet.

https://www.universityofcalifornia.edu/press-room/uc-terminates-subscriptions-worlds-largest-scientific-publisher-push-open-access-publicly

Keeping pets healthy
Tuesday, March 5, 2019

At UC, we really do love our pets.

During Open Enrollment last year, UC introduced a new program for faculty, staff and retirees – preferred pricing on pet insurance through Nationwide – and it was a hit! UC’s enrollment of almost 3,000 new participants doubled Nationwide’s previous record for enrollment in a group pet insurance plan. Participation is likely to grow since enrollment is available year-round, not just during Open Enrollment. Read more on UCnet.

~ Upcoming Topics ~

Wednesday, April 24   3:00 pm-4:30 pm
**General Security and Hygiene for the Internet Age**
with Sam Horowitz, UCSB Chief Information Security Officer
Protect yourself, family and friends from cybercrime. How you use your devices and how you handle data can have a significant impact on cybersecurity threats - protect yourself. Learn about different types of cybercrime and what you can personally do to prevent it.

Wednesday, May 22   TIME TBD
**Strategies for Drawing Income in Retirement; Preserving Your Savings for Future Generations**
with Cesar Cap, Fidelity Retirement Planner
and Andrew Fung, Fidelity Retirement Planner
Learn ways to help make your savings last, and retirement challenges you may face. How an estate plan can help you preserve your assets and control the distribution of your estate. Covers wills and probate, power of attorney, healthcare proxies, gifting and insurance replacement strategies.

Have a topic suggestion? Send us an email at karen.rasmussen@hr.ucsb.edu

UCSB Human Resources, Learning Center Conference Room
SAASB Third Floor, Room 3101
Campus Map: http://www.aw.id.ucsb.edu/maps/
Please RSVP to: karen.rasmussen@hr.ucsb.edu or 805-893-2168

Seniors in the News

**Older Americans are Awash In Antibiotics**
*NY Times, March 2019*
The drugs are not just overprescribed. They often pose special risks to older patients, including tendon problems, nerve damage and mental health issues.

**Want to Leave a Legacy? Be a Mentor**
*NY Times, March 2019*
How to make a positive impact that would keep you alive in the memories and lives of others.
Data Privacy
January 30, 2019

From UCSB Information Security

All of us exist in digital form on the Internet. When you're online you leave a trail of "digital exhaust" in the form of cookies, GPS data, social network posts, browser searches, and email exchanges, among others. Services that you don’t even use may have information about you. And once something is online, it can be there forever.

It is important to ensure that the digital “you” matches what you intend to share. It is also important to keep what’s private, private, for yourself and when you’re sharing about others. Owning your online presence will help to protect your identity, finances, and reputation – both now and in the future!

Here are some specific steps you can take to protect your online information, identity, and privacy.

- Secure all devices, especially smartphones. Smartphones are a device carried by virtually everyone, and often it contains our most personal information. Whether iPhone or Android, research the best way to secure it for full privacy including options such as remote wipe.
- Use a unique password for each site. That way, if one of your passwords gets compromised, the others are still safe. Use complex passwords and never share them. Using multi-factor authentication (MFA) wherever possible will help protect you even more.
- Use a password manager. Using an encrypted password manager to store your passwords makes it easy to access and use a complex, unique password for each site.
- Know what you are sharing. Check the privacy settings on all of your apps and social media accounts to ensure that they are set to share only what you want; with whom you want. Don’t rely on the default settings.
- Guard your birth date and telephone number. These are key pieces of information used for verification, and you should not share them publicly. If an online service or site asks you to share this critical information, consider whether it is important enough to warrant it.
- Keep your university and personal presences separate. Use different accounts for each.

There are no true secrets online. Use the postcard or billboard test: Would you be comfortable with everyone reading a message or post? If not, don't share it.
who has served as the Director of UCLA Emeriti/Retirees Center. Sue answered our many questions on the growth of the Emeriti/Retirees Association. She stressed the importance of building partnerships and collaborations with the University and the community. She generously gave her time to speak with the board members, the enrichment committee, UCSB administrators and other members of the community.

Our first effort to reach out began with a delightful meeting held at Maravilla Retirement Community. Rob Mann arranged for us to meet at the Club Room and led our very productive meeting as we discussed growth, expanding our partnerships and future activities. After our meeting we were treated with a delicious lunch hosted by Maravilla and a tour of the facilities. It was a very pleasant afternoon.

Thank you for submitting your annual membership dues. Your membership is very important in keeping us connected. Your $15 dues go to supporting our scholarship program and helps cover our annual dues paid to the system wide CUCRA group.

Karen, Rob and I will be attending the CUCRA (Council of University of California Retirees Association) meeting to share with other delegates of the UC Retirees and Emeriti Associations and get some great new ideas for our group to provide useful information for our retirees. This is our system wide group and we are looking forward to engaging with all the members.

We hope to see you at our June meeting that will be held at Mulligan’s on June 18 at 11:30. It is right next to the beautiful golf area. We will be partaking of a delicious buffet served in the banquet room. This is also the Annual Meeting to elect officers for the upcoming year.

As a last note, we are planning on designing a new flyer to help others in transitioning to retirement and staying connected to our friends at UCSB. Please let me know if you have ideas and suggestions or would like to help with this project.

Enjoy our beautiful community! And have a wonderful summer!

Best,

Sandy Camp, President, UCSB Retirees Association
work with the final round judging. Thank you, too, to our Emeriti Association members for their donations; without their generosity it wouldn’t be possible for the Association to contribute to this competition.

As this newsletter goes to press, your Emeriti Association representative is attending the Council of University of California Emeriti Associations (CUCEA, http://cucea.ucsd.edu/) twice-annual conference hosted by UC San Diego. This is an opportunity for exchange of ideas among all emeriti associations on every campus, and to insure that UC retired faculty and staff voices are heard by UCOP officials attending the conference. Our own Bill Ashby is the Secretary to CUCEA and the UCSB representative.

The Emeriti Board is still accepting nominations for directors. Contact me at wdmorgan40@yahoo.com or 805-636-3656.

Sincerely,
W. Douglas Morgan, President, UCSB Emeriti Association
Volunteer Opportunities

Volunteer for the Health of It  Research has established a strong relationship between volunteering and health: those who volunteer, experience more joy, live longer and maintain independence longer than those who do not volunteer.

Ombudsman Volunteers Needed
Ombudsman make a difference by:

- Visiting residents of long term care facilities
- Advocating for quality of care
- Preventing Elder Abuse
- Conducting Investigations

Accepting applicants for next training program.
Contact Family Service Agency to learn more about volunteering.
https://fsacares.org/become-a-long-term-care-ombudsman/

UCSB Retirees Association
The UCSB Retirees Association is seeking volunteers to help out on occasion for special projects and at Association sponsored events throughout the year. Duties may include clerical tasks, helping with mailings, registration of event attendees, etc. If you have an specific interest (such as book club, hiking group, etc.) your name can be added to an interest list. Board positions are also available (Secretary, Co-President.) Email karen.rasmussen@hr.ucsb.edu

Do You Have Questions?

The UCSB Emeriti/Retirees Center serves as a connecting link between UCSB and its retired faculty and staff. While we encourage all retirees to join the UCSB Retirees Association or Emeriti Association, we serve all retirees regardless of membership. If we can't answer your questions, we will refer you to other resources.

If you have questions about....
UC pension, beneficiaries or retiree health benefits...
Contact the Retirement Administration Service Center (RASC), at (800) 888-8267.
Hours are Monday - Friday, 8:30 am - 4:30 pm

Medicare enrollment...
Visit the UC Medicare website or call the RASC at the number above.

UC defined contribution plan, 403(b) or 457(b) plans...
Contact Fidelity Retirement Services at (866) 682-7787 or, from outside U.S., (877) 343-0860 or email Andrew.Fung@Fidelity.com to schedule an individual consultation.

Your blue UCSB Retiree or Emeriti card...
Contact the Emeriti/Retirees Center at karen.rasmussen@hr.ucsb.edu or 805-893-2168
Live outside of California and turning 65 soon? Retiree health coverage when Medicare-eligible

This article is for UC retirees with a non-California address now (or those planning to move out-of-California at any time after retirement) who are at least 64 years of age and could be Medicare eligible.

Since 2014, the University of California has worked with Via Benefits to help support our Medicare-eligible retirees who live outside of California.

Starting in 2019, you will begin receiving regular mailings from Via Benefits informing you of future medical plan choices when you turn 65 in 2020 as you will no longer participate in a UC-sponsored group medical insurance plan. The University of California partners with Via Benefits, the leader in Medicare coordination and transition services, to help guide you through the process of selecting the right medical plan for you. Via Benefits will help prepare you for enrollment by age 65 and provide you with plan choices, flexibility, and competitively-priced individual Medicare health insurance plans. Through Via Benefits licensed benefits counselors, you also receive personalized and unbiased guidance to help you choose and enroll in a Medicare plan that meets your health care needs and budget.

After you and or your eligible spouse/domestic partner enroll in Medicare health care coverage through Via Benefits, you become eligible to receive UC funding through a Health Reimbursement Arrangement (HRA). Funds from this HRA help pay for your eligible out-of-pocket health-related expenses such as insurance, Part B premiums, and co-pays through a reimbursement process. This process means you pay for these expenses first and then get reimbursed. Enrolling in an individual plan through Via Benefits when you first become Medicare eligible will allow a smoother transition into Medicare and a plan that meets your individual needs.

What You Can Expect
Depending on the time of the year Via Benefits is notified by the University, here is what you can expect within months before your 65th birthday:

- A series of quarterly letter(s) preparing you for your Medicare plan enrollment through Via Benefits (the earliest receipt date is when you turn 64)
- A Via Benefits Enrollment Guide which will provide you with information on what to expect and how to best prepare for your enrollment.
- Phone calls from Via Benefits customer service representatives to ensure you have Medicare Parts A & B in place before your 65th birthday, as well as answer any initial questions you may have.
- After your Medicare enrollment through Via Benefits, you will receive an HRA Funding Guide to Reimbursement with all relevant documents necessary to access your HRA funds.

What You Need To Do

- Make sure your address and contact information is current. To make corrections, visit the At Your Service Online. Here is the link: https://atyourserviceonline.ucop.edu
- Read all correspondence from UC and Via Benefits to best prepare you for your continued medical plan insurance after your 65th birthday.
- Enroll in Medicare as soon as you become eligible. If you do not qualify, check and see if you may qualify under a former, current or deceased spouse. Call Social Security for more information.
- If you have questions, visit UCNELT at ucal.us/medicarecoordinator for additional information or visit the Via Benefits microsite for UC at https://my.viabenefits.com/uc
What is CUCRA?

In 1993 representatives of the retiree associations from the nine University of California campuses and three University-managed DOE laboratories organized the **Council of University of California Retirees’ Associations** (CUCRA).

Their goal was to provide a single organization that could speak for the many University and laboratory retirees on issues that could affect retiree benefits and privileges. Each campus, Laboratory and Office of the President/Regents retiree association has one representative and one alternate who attend CUCRA meetings twice a year (fall and spring) at the various UC locations.

Through a provision in Regents Policy 5203, CUCRA and its 13 member associations are officially recognized by the University as Affiliated Organizations. CUCRA is led by five officers elected by the Council: chair, vice chair/chair elect, secretary, treasurer, and information officer.

As expressed in CUCRA’s By-Laws it’s specific purposes are:
- to obtain, enhance, and disseminate appropriate and meaningful information among its constituents;
- to encourage each campus and national laboratory to organize and maintain an active retirees organization;
- to be an advocate for all retirees of the University;
- to foster further study of benefits and privileges of staff retirement;
- and to maintain mutually supportive relations between the University and retirees.

What is CUCEA?

**The Council of University of California Emeriti Associations (CUCEA)** is a consortium of the Emeriti Associations of nine University of California campuses, Berkeley, Davis, Irvine, Los Angeles, San Diego, Riverside, San Francisco, Santa Barbara, and Santa Cruz. Our tenth campus, Merced, will of course become part of CUCEA as the numbers of emeriti grow and a campus emeriti association is formed.

The Council of University of California Emeriti Associations (CUCEA) was officially constituted on October 29, 1987 at a meeting held at Berkeley of representatives of the emeriti associations of all (nine at that time) of the University’s campuses. This meeting was the culmination of a twenty-year period of development that began with the formation of the UCLA Emeriti Association in 1967 and continued through the gradual establishment of parallel associations on the other eight campuses.

The Council operates on an academic year basis, meeting twice a year in October and April - generally alternating the place of meeting between a northern and a southern campus.

Since its founding in 1987, the Council of University of California Emeriti Associations (CUCEA) has fostered close and mutually supportive relations among its member campus-based associations as well as with all levels of the University’s governance. Acting statewide on behalf of the welfare and status of UC emeriti, it presses for the protection, improvement and extension of a broad spectrum of benefits, such as good and affordable health care options, appropriate cost-of-living adjustments and enhanced academic privileges.
Retirees Breakfast Meeting Schedule
Meets on the third Wednesday of months September thru May
9AM at Cody’s Café, Hollister/ Turnpike.

2018

**Apr 17** – Direct Relief International, Samir Rai, Community Engagement Associate

**May 15** – Girls Inc., Leah Tabas, Director, & Debbie Donahue, BOOST Coordinator

**Jun 18** – Retirees Association **Annual Business Meeting, Lunch & Raffle** - look for your invitation in May
*(topics and guests are subject to change – we will do our best to keep you informed)*

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**In Memoriam**

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<thead>
<tr>
<th>Name</th>
<th>Department</th>
<th>Year Retired</th>
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<tbody>
<tr>
<td>Thomas C. Bruice</td>
<td>Chemistry</td>
<td>Retired 1994</td>
</tr>
<tr>
<td>Clifford A. Bunton</td>
<td>Chemistry</td>
<td>Retired 1990</td>
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<tr>
<td>Mary J. Carlisle (Jane)</td>
<td>Counseling &amp; Psychological Services</td>
<td>Retired 2013</td>
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<tr>
<td>Wallace L. Chafe</td>
<td>Linguistics</td>
<td>Retired 1991</td>
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<td>David V. Hinkley</td>
<td>Statistics</td>
<td>Retired 2014</td>
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<tr>
<td>Keith Kedward</td>
<td>Mechanical Engineering</td>
<td>Retired 2013</td>
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<tr>
<td>Patricia Kelley</td>
<td>Extended Learning</td>
<td>Retired 2010</td>
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<td>William S. Neumann</td>
<td>Computer Center</td>
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<tr>
<td>Steen Just Pedersen</td>
<td>Police Department</td>
<td>Retired 1983</td>
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<td>Ervin C. Palmer</td>
<td>Library</td>
<td>Retired 2016</td>
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<tr>
<td>Cecilia F. Phillips</td>
<td>Telecommunication Services</td>
<td>Retired 2017</td>
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Retirees Association Officers 2018-2019

President          Sandy Camp          Co-President          OPEN
Secretary          OPEN          Treasurer          Ginny Turner-Scholl
Membership Programs          Donna Craig
                          Claudia Alphin
Ex Officio          Barbara Anderson
CUCRA Rep          Robert Mann
Members-at-large Members-at-large Members-at-large
Marilyn Benson
Shirley Dunbar
Elizabeth Koch
Tippi Lawrence

Emeriti Association Officers 2018-2019

President          Doug Morgan
Vice President          OPEN
Secretary          OPEN
Treasurer          OPEN
CUCEA Rep          Bill Ashby
CUCEA Alt.          Loy Lytle
Board Members          Board Members
                        Board Members
David Chapman
Alice Condodina
Paul Hernadi
Bill Prothero

Board Members

Karen Rasmussen
Karen.rasmussen@hr.ucsb.edu
http://www.hr.ucsb.edu/retirees/welcome

Emeriti/Retirees Center
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93106-3160

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COORDINATOR
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http://www.hr.ucsb.edu/retirees/welcome