Your Benefits at a Glance booklet will guide you through the steps to enroll in your health benefits.

**Deadline to enroll.**
You have 31 days from the date you became eligible to enroll in health benefits. Go to ucnet.universityofcalifornia.edu and choose the “AYS Online” button.

**Learn about Health Benefits**

**WATCH**
- Benefits of Belonging
- The best plan for you and your family
- Making the most of your medical benefits
- Medical terms and concepts
- Disability benefits

**READ**
- A Complete Guide to your UC Health Benefits booklet
- UCnet has descriptions of all health plans
- Insurance websites have plan booklets, drug lists and provider directories. See the blue Contact Sheet.

**ASK**
- Call the insurance carrier to ask questions about the plan and participating providers. See the blue Contact Sheet.
- Call the UCSB Benefits Office if you have general questions or need help enrolling: 893-4455
- Call the UCSB Health Care Facilitator if you need help with a complex health situation: 893-4201

**TOOLS**
- Disability Insurance Cost Estimator (UCnet)
- Health Savings Account (HSA) Contribution Calculator (Health Equity)
- Flexible Spending Account (FSA) Contribution Calculators (Conexis)
# Retirement Benefits

## Your retirement programs

<table>
<thead>
<tr>
<th>Retirement Savings Program</th>
<th>Enroll in Retirement Savings Benefits</th>
</tr>
</thead>
<tbody>
<tr>
<td>403(b)</td>
<td>◊ Voluntary plans administered by Fidelity.</td>
</tr>
<tr>
<td>457(b)</td>
<td>◊ Go to <a href="http://myUCretirement.com">myUCretirement.com</a> to enroll.</td>
</tr>
<tr>
<td>DCP (after tax)</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Defined Contribution Plan (DCP—Safe Harbor Plan)</th>
<th>You are automatically enrolled and contributions are mandatory IF you are not exempt.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Students/Grad Students/Visa status holders – may be exempt from these contributions.</td>
</tr>
</tbody>
</table>
|                                                  | Please review the eligibility/participation requirements in the Plan Summary Description at: [http://ucnet.universityofcalifornia.edu/forms/pdf/defined-](http://ucnet.universityofcalifornia.edu/forms/pdf/defined-)

---

## Learn about Retirement Benefits

**WATCH**

Videos on [myUCretirement.com](http://myUCretirement.com)

**ATTEND**

- Local Fidelity workshops—see schedule on [myUCretirement.com/classes](http://myUCretirement.com/classes)
- Online Webinars—see schedule on [myUCretirement.com/classes](http://myUCretirement.com/classes)

**READ**

- [Your Guide to Understanding Your Program—Information for Safe Harbor Participant](http://myUCretirement.com) booklet
- myUCretirement.com has plan descriptions, news and investment education
- UCnet has descriptions of all retirement plans and links to documents

**ASK**

- Call the Fidelity Retirement Planner: 800-558-9182
  - Ask questions about your plan options
  - Get help making your decision
  - Schedule a one-on-one meeting with Fidelity Retirement Planner