Fall 2020

Volume 36, Issue 4

# EMERITI—RETIREE NEWSLETTER UC SANTA BARBARA

Emeriti—Retirees Cente



#### Hello everyone,

I hone this message finds you in

From the Retirees Association President

I hope this message finds you in good health. Since everyone seems to be affected in some way by this horrible virus, I hope family and friends are also keeping healthy. We are all well aware that our health and safety are the main priority. That is why our activities and travel have been extremely missed this year. I choose to take a positive attitude in looking forward to the next year.

As of now, our special Annual Holiday Luncheon in December has been postponed for perhaps another year. Mulligans is still holding an open spot for us. We will definitely look forward to celebrating next year with fellow UCSB retired faculty and staff.

We recently received a letter of gratitude from the student we are supporting this upcoming academic year. She is so grateful and excited to be one of the few chosen for this scholarship. Her educational goals would not be possible without the help of sponsors like ours.

We are planning some great side trips next year if all goes well. Last year our visit to RETIREES PRESIDENT Continued on page 8

SOME OF WHAT'S INSIDE:

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#### From the Emeriti Association President

Dear friends and colleagues,

I hope you were able to attend the first General Meeting of the Emeriti Association on October 16. We are grateful to Chancellor Yang for having participated in welcoming our new members and for giving us an update on the campus and how it is responding to the Covid-19 challenge.

Despite the challenging times, we are moving forward on many fronts. Our Program Committee, co-chaired by Dan Little and Simon Williams, is working to identify programs and events that can be enjoyed safely. In early November, Emeriti Association members will be receiving an electronic survey about their retirement experience and new initiatives they recommend for the Association. We look forward to your responses.

All emeriti should have already received an invitation to join the Emeriti Association. As you may recall, we have extended membership eligibility to new groups of academic retirees: Continuing Lecturers, Librarians, and Researchers. Obtaining contact information for these folks has been somewhat challenging. If you happen to know individuals who belong to these groups, please reach out to them and encourage

**UC Santa Barbara** 

# Retiree Open Enrollment for 2021

October 29 (8am)- November 24 (5pm)

Open Enrollment will be fully virtual.

Open Enrollment changes will be effective January 1, 2021

There will be two presentations for UCSB retirees by Rebecca Preza, UCSB HealthCare Facilitator (HCF)



## **Open Enrollment Highlights**

For Retirees

Wednesday, November 4
10:00 a.m. to 11:00 a.m. Via ZOOM\*

The Retiree Open Enrollment Highlights is a high-level overview of all upcoming retiree health insurance changes.

Click here for **Zoom link** Passcode: 311551

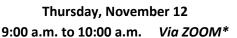
Call in number: +1 669 900 6833

(Or copy & paste this URL to join: <a href="https://ucsb.zoom.us/j/98015533849pwd=WVE4MWFSS1BnMlcrYmpSVVdDVT">https://ucsb.zoom.us/j/98015533849pwd=WVE4MWFSS1BnMlcrYmpSVVdDVT</a> Rxdz09 )

Passcode: 311551

\*This session will be recorded for you to view at your convenience.

#### **New to Medicare**



This session will help you get started with your UC Medicare plan. We'll review:

- Parts and cost of Medicare
- Transitioning to UC Medicare
- How UC plans work with Medicare

Click here for **Zoom link** 

Passcode: 917268

Call in number: +1 669 900 6833

Or copy & paste this URL to join: <a href="https://ucsb.zoom.us/s/98191842592pwd=aGltNWd2b3Q5cGo1QWQ1amJuVkVtQ">https://ucsb.zoom.us/s/98191842592pwd=aGltNWd2b3Q5cGo1QWQ1amJuVkVtQ</a> T09

Passcode: 917268

\*This session will be recorded for you to view at your convenience.

Open Enrollment Welcome Video by Rebecca Preza, UCSB HCF

**Useful links** 



Virtual Benefits Fair (avail 10/27)

**Open Enrollment info on UCnet** 

Side by Side Comparison of Each of the UC Medicare Plans

# MAKE CHANGES by Tuesday, November 24 at 5:00pm

To make all Open Enrollment changes, Retirees will use UC Retirement At Your Service (UCRAYS)

If you do not wish to make any changes <u>you do not need to take any action</u>. Your current health Insurance will continue, but your costs may change.\*

\*except for health and/or dependent FSA, you must re-enroll each year

Questions about benefits enrollment call: UC Retirement Administration Service Center (RASC)

1-800-888-8267 8:30 am—4:30 pm PT, Monday through Friday





# New Emeriti Association and Retirees Association Members!

The UCSB Retirees Association and Emeriti Association provide retirees and emeriti an opportunity to continue friendships with former colleagues and create new ones through a variety of activities. More important, the Retirees Association and Emeriti Association represent emeriti and retirees' interests to University administrators and advocates for retention of retiree benefits.

(Em)=Emeriti, (Ret)=Retiree

Beverley Colgate (Ret)

Angela Gallagher (Ret)

Kirk Grier (Ret)

Mary Lum (Ret)

Kathleen McIntosh (Ret)

Lee Mudrick (Ret)

Sharon Terry (Ret)

Dick Winther (Ret)

Randalyn Browning (Em)

Dorothy Chun (Em)

Agron Ettenberg (Em)

Judy Gough (Em)

James Kennett (Em)

Debra Lieberman (Em)

Ilene Miele (Em)

Beth Schneider (Em)

Ann Taves (Em)

Bruce Tiffney (Em)

Robert Warner (Em)

Whether you have been a member for years or are a new member this year — welcome and thank you! If you have not returned your membership form and check, please consider doing so. This year will be challenging, but our Emeriti and Retirees Associations are identifying activities and virtual events that we can safely enjoy together. You will find a copy of the membership form here: Retirees Association / Emeriti Association

Emeriti Association: please remember that our Emeriti Association offers free membership for one year to those who are joining for the first time. Those who are 85 years of age or older are also exempt from dues. If you are not in either of these categories, the annual dues are only \$15. Many of you have inquired about electronic payment of dues and donations. This is currently not available, but we are exploring ways to make this possible.



# Increased Cyber Threats Around the Election and Beyond

Sam Horowitz, UCSB Chief Information Security Officer Kip Bates, UCSB Associate Chief Information Security Officer

Another academic year is here, and classes are well underway. Among the other things you've probably noticed is that there's an election happening. Hidden among the cacophony of news and disinformation is a persistent threat. Phishing and other social engineering attacks are up about election topics. Unfortunately, they are up across other issues as well. Now more than ever, it's essential to be vigilant.

Our colleagues involved in research need to take extra precautions. The research at UCSB and across the University of California is among the best in the world. That research has economic value, especially to other countries that lack the research capability found in the UC. Entities, both governmental and private, use phishing and social engineering tools to gain access to the hard-won discoveries that happen here. Often, fraudsters masquerade as prominent researchers to engage their targets in a dialog that may ultimately lead to disclosing research or personal information. Don't fall for it!

The rest of us must not become complacent. Large and small phishing campaigns continue to besiege the campus. Little hooks like short subject lines asking things like, "are you available?" or only "available?" should be signs that you are a target. Remember, it's easy to forge a message so that it looks like it's from someone that didn't send it. Often these messages look like they came from vice-chancellors, deans, and department chairs. Their authority elicits a response.

Suppose you get a message from someone that you know; look at it carefully. Is it in the voice of the author? That is, does it sound like the person you know? These short messages intend to engage the target in a dialog and inevitably lead to some form of economic fraud.

Election fraud takes many forms. A common scam is to solicit campaign contributions for fraudulent organizations or political action committees. It's best to never click on a link soliciting funds or information in an email message. You can always navigate to the official website and find the right way to contribute or sign-up for some purpose. The same advice goes for charitable solicitations that will increase during the holiday season.

Remember, phishing doesn't happen only by email. Don't fall for the Microsoft or Apple support person calling you about a virus on your computer. This type of fraud leads to asking you to pay for a service infecting your computer with malware instead of removing the supposed virus. Links in text messages can also lead to phishing sites.

It's essential to remain on guard year-round. Be on high alert during the election and holiday season that will follow. This time of year will surely bring more fraud to our campus community, both in business and in your personal life. Don't fall victim.

Remember, October is National Cybersecurity Awareness Month. You can find information about seminars and events at **security.ucsb.edu**. Take a few minutes and check it out.



## Cruise to the drive-in for FREE fall films from A&L

<u>UCSB Arts & Lectures</u> (A&L) cruises to the <u>West Wind Drive-In</u> this fall with an eclectic mix of FREE films that offers something for everyone. Each night features two screenings. Most nights feature a lineup of two different films. Film start times are 7 p.m. and 9:15 p.m. before Daylight Savings and 5 p.m. and 8 p.m. after Daylight Savings. First come, first served. Gates open an hour and a half before the first film. Arrive early to enjoy food trucks, concessions and entertainment from your car! A&L solicited input from UCSB students, our <u>Viva</u> partners and others to ensure that these films will appeal across the Santa Barbara community, whether you are young, young at heart. Filmgoers are asked to respect the safety of fellow attendees: Masks are required and maintain a distance of six feet from others

Coco (Español): Wed, Oct 28 / two screenings!

7 PM & 9:15 PM

Coco (English): Thu, Oct 29 / two screenings!

7 PM & 9:15 PM

Selena: Thu, Nov 5 / 5:30 PM

Spider-Man: Into the Spider-Verse: Tue, Nov 10 / 8 PM

Inception: Wed, Nov 18 / 8 PM

Yesterday: Wed, Dec 2 / 8 PM

Elf: Wed, Dec 9 / 8 PM

It's a Wonderful Life: Wed, Dec 16 / two screenings!

5:30 & 8 PM

View the Full Lineup!





# **CWC Virtual**



While the Pollock Theater is closed due to campus efforts to mitigate the spread of COVID-19, the Carsey-Wolf Center is pleased to offer a series of virtual Q&As with mediamakers and scholars. Our fall and winter public programming series, "Subversives," showcases films and TV shows that have been considered politically, socially, culturally, and ideologically subversive. All events are free and open to the public. Our virtual events will take place via Zoom, and advance registration is required to attend. Please visit <a href="https://www.carseywolf.ucsb.edu">www.carseywolf.ucsb.edu</a> for details and to register.

Upcoming events:

#### Women of the Gulag

Tuesday, October 27 at 7:00 PM with director Marianna Yarovskaya

Subversives: Pee-wee's Playhouse
Thursday, November 5 / 4:00 PM
with George McGrath, Bill Steinkellner, and Wayne White

Subversives: Blood Quantum
Thursday, November 12 / 4:00 PM
with director Jeff Barnaby and discussant Chelsea Vowel

Visit www.carseywolf.ucsb.edu for more information and to register.



# **UCSB Natural Reserve System Fall 2020 Seminar Series**

The UC Santa Barbara Natural Reserve System is excited to offer a Fall 2020 Seminar Series:

"From the First Humans to Forest Fires: Scientific Discoveries Spanning UC Santa Barbara's Seven Spectacular Natural Reserves"

Please join us this fall for a series of presentations focused on some of the latest research and findings from across <u>UCSB's seven Natural Reserve System</u> sites. UCSB's Reserves are part of the 41-site <u>University of California Natural Reserve System</u>, one of the largest and most unique networks of protected lands in the world, supporting the university mission of research, university-level education and public service. UCSB operates 7 of these Reserves in unique ecosystems ranging from coastal (<u>Coal Oil Point Reserve</u>, <u>Carpinteria Salt Marsh Reserve</u>, <u>Santa Cruz Island Reserve</u> and <u>K.S.N. Rancho Marino Reserve</u>) to inland valleys (<u>Sedgwick Reserve</u>) to Great Basin (<u>Sierra Nevada Aquatic Research Laboratory</u>; SNARL) and montane forest (<u>Valentine Reserve</u>). Each week will include an introduction to the Reserve site provided by the Reserve Director, followed by an engaging presentation by one of the Reserve's expert scientists focused on the highlights of their research.

Seminars will be held via Zoom in this virtual tour of research highlights from across the state.

#### https://nrs.ucsb.edu/events/ucsb-natural-reserve-system-fall-2020-seminar-series

- -October 29: "The recent past and projected future of oak savannas of the Santa Ynez Valley", Dr. Frank Davis, UC Santa Barbara with Introduction provided by Sedgwick Reserve Director Kate McCurdy
- November 5: "Vector-borne disease in a changing world: Identifying ecological levers for health", Dr. Andy Mac-Donald, UC Santa Barbara with Introduction provided by Coal Oil Point Reserve Reserve Director Dr. Cris Sandoval
- November 12: "Think globally, act locally: how a pandemic challenges conservation of a California frog, and how scientists and managers can respond", Dr. Tom
   Smith, UC Santa Barbara with Intro provided by Valentine Eastern Sierra Reserves Director Dr. Carol Blanchette
- November 19: "Fuels management and forest restoration in the Sierra Nevada: the case for active forest management on the Valentine Reserve", Dr. Hugh Safford USDA Forest Service & UC Davis, and Ashley Grupenhoff, UC Davis with Introduction provided by Valentine Eastern Sierra Reserves Director Dr. Carol Blanchette



## Senior Life in the News



# Thanksgiving in the Time of COVID-19: To Grandmother's House or No? *NPR October 24, 2020*

COVID-19 cases are surging across the country and with Thanksgiving right around the corner, is it safe to travel to spend the holiday with friends and family? We have tips from the experts. Read the article here: <a href="https://www.npr.org/sections/health-shots/2020/10/24/926687031/">https://www.npr.org/sections/health-shots/2020/10/24/926687031/</a> thanksgiving-in-the-time-of-covid-19-to-grandmothers-house-or-no

# A Big Alzheimer's Drug Study is Proceeding Cautiously Despite The Pandemic NPR October 20, 2020

Researchers launched a major study of an experimental Alzheimer's drug this summer. They also learned a lot about how to protect participants who must make frequent visits to a medical center. Read the article here: <a href="https://www.npr.org/sections/health-shots/2020/10/20/925493843/a-big-alzheimers-drug-study-is-proceeding-cautiously-despite-the-pandemic">https://www.npr.org/sections/health-shots/2020/10/20/925493843/a-big-alzheimers-drug-study-is-proceeding-cautiously-despite-the-pandemic</a>

# Teletherapy on the Rise: Tips to Make the Most of It.

NextAvenue October 26, 2020

Virtual mental health appointments mean no commute and more flexibility.

Read the article here: <a href="https://www.nextavenue.org/teletherapy-on-the-rise-tips-to-make-the-most-of-it/">https://www.nextavenue.org/teletherapy-on-the-rise-tips-to-make-the-most-of-it/</a>

# As Californians Get Older and Less Mobile, Fires Get Hotter and Faster.

#### Kaiser Health News October 14, 2020

Retirement areas are increasingly being built in the idyllic wooded fringe of towns and cities. Being close to nature also means being in the path of wildfires.

Read the article here: <a href="https://khn.org/news/california-fires-hotter-faster-older-residents-less-mobile/">https://khn.org/news/california-fires-hotter-faster-older-residents-less-mobile/</a>

#### **Humor in the Time of COVID-19.**

#### NextAvenue October 23, 2020

Experts, like Paula Poundstone, say jokes are okay when times are rough.

Read the article here: https://www.nextavenue.org/humor-in-the-time-of-covid-19/

### Lifetime Experiences Help Older Adults Build Resilience to Pandemic Trauma *Kaiser Health News October 7, 2020*

These seniors use coping strategies to keep them socially active yet safe from the coronavirus. Read the article here: <a href="https://khn.org/news/seniors-resilience-pandemic-trauma-wellness-wisdom-experience/">https://khn.org/news/seniors-resilience-pandemic-trauma-wellness-wisdom-experience/</a>

What's Happening around Campus? <u>UCSB The Current</u>

#### **UCSB Human Resources Holiday Closure**

As of the date of publication, 2020 campus closure dates have not been announced. They are typically scheduled the week before, and/or, of Christmas. During that time, for benefits info you can go to:

#### **Health Plan Contacts:**

http://ucnet.universityofcalifornia.edu/contacts/plan-contacts.html

**UC Retiree Administration Service Center (RASC)** 

1-800-888-8267 <a href="https://ucnet.universityofcalifornia.edu/contacts/rasc.html">https://ucnet.universityofcalifornia.edu/contacts/rasc.html</a>

#### **UCnet:**

http://ucnet.universityofcalifornia.edu/

**Fidelity Retirement Services** 

1-866-682-7787 or https://nb.fidelity.com/public/nb/default/home

#### Retirees President con't from page 1

UCSB's AlloSphere at the Nano Systems Institute was well attended and everyone enjoyed this "remarkable, exciting tour." Another inspiring and educational tour was of the Direct Relief facilities. They deliver medicine and supplies to a network of local healthcare facilities to address many of the most difficult challenges.

We are also looking forward to resuming our meetings on the 3<sup>rd</sup> Wednesday of the month at Cody's Café where we hold a no-host breakfast at 9:00 am with interesting presentations. Past presentations included James Caesar, UCSB Emergency Manager, Emergency Management & Mission Continuity; Rebecca Preza, UCSB Health Care Facilitator, Retiree Benefits Open Enrollment and Ginny Johns, Retiree about Retirement Sailing.

Retirees, your dues are only \$15 per year to be a part of this wonderful group. Also you will have the opportunity to learn and experience new things, not to mention the fellowship with other UCSB Retirees.

Best to you all,

Sandy Camp

President, UCSB Retirees Association

mamascamp@msn.com





## **Parking Permit Renewals**

Retirees who visit campus need to renew their parking permit <u>every year</u>. To renew your parking permit, please contact <u>Transportation and Parking Services</u> (TPS). Eligible emeriti and retirees will be requested to present their blue UCSB emeritus/a or retiree ID card. Recalled faculty/staff who return to work on campus are no longer eligible for a retiree parking permit while actively employed. The retiree permit is issued exclusively to qualified faculty and staff. It may NOT be transferred to any other person for temporary or long-term use. Parking Services office continues to operate on a <u>modified schedule</u>. Please contact <u>TPS</u> directly to arrange for a permit **805-893-2346**.

Need a new ID card? Contact the Emeriti—Retirees Center at <a href="karen.rasmussen@hr.ucsb.edu">karen.rasmussen@hr.ucsb.edu</a>. ID cards are now available electronically. Due to Covid 19 and the continued campus closure, ID cards are now being emailed as a pdf. You may choose to print the card, or save it on your phone to present it when it is requested. ID cards do not expire.

#### Emeriti President con't from page 1

them to join. Our annual dues, which are only \$15, are waived for one year for those joining for the first time. Membership information is available on our website: <a href="https://www.hr.ucsb.edu/retirees/retirees/emeriti-association">https://www.hr.ucsb.edu/retirees/retirees/emeriti-association</a>. Some of you have expressed the wish to be able to pay dues and make donations electronically. While this is not currently possible, we are exploring various solutions, and I am confident we will have a system in place soon.

The UCSB Emeriti Association is affiliated with the Council of University of California Emeriti Associations (CUCEA), which acts systemwide on behalf of the welfare and status of UC emeriti. The fall meeting of CUCEA will be held via Zoom on October 28. I will provide a report on the meeting in our next Newsletter. Interim Vice President Cheryl Lloyd will be attending, and President Drake is planning to attend the spring 2021 CUCEA meeting.

The UCSB Emeriti Association is a voluntary association supported by your dues and donations, guided by your Board of Directors, who are fellow emeriti. Our Board consists of Loy Lytle (Vice President), Ellen Broidy (Secretary), Bill Prothero (Treasurer) and members-at-large Denise Bielby, Cynthia Brown, Dan Little, Doug Morgan, Louise Moser, Tonia Shimin, Bob Warner, John Wiemann, and Simon Williams. We work in concert with the UCSB Emeriti and Retirees Center, a part of UCSB Human Relations. Karen Rasmussen is the competent staff coordinator of the Center. We also work closely with the UCSB Retirees Association. We depend on your support and your ideas. If you would like to help, if you have concerns, or if you have ideas of new initiatives you would like us to consider, please let me know.

Best wishes,

Bill Ashby, President UCSB Emeriti Association ashby@ucsb.edu







# In Memoriam



## **Joseph Hurd Connell**

Ecological Biology 1991

#### **Donald Barton Johnson**

Germanic and Slavic Studies 1991

## **Peggy Mental**

Registrars Office 2008

#### **Carol Braun Pasternak**

English Dept 2013

#### **Julio Pelaez**

Food Services 2016

### Iris Rigoli

Library 1992





#### UCSB Emeriti - Retirees Center

#### **UCSB Human Resources**

SAASB Third Floor, Room 3101 Santa Barbara, CA 93106-3160

#### Website Map

PHONE: 805-893-2168 COORDINATOR: Karen Rasmussen E-MAIL:

karen.rasmussen@hr.ucsb.edu

# UCSB Retiree Association 2020-2021

#### Officers

Sandy Camp, President

**OPEN**, Co-President

Barbara Bartolome, Secretary

Ginny Turner-Scholl, Treasurer

Laurie Theobald, Membership

**Donna Craig**, Programs

Claudia Alphin, Programs

Barbara Anderson, Ex Officio

Robert Mann, CUCRA Rep

#### Members-at-Large

Marilyn Benson

Shirley Dunbar

Elizabeth Koch

Tippi Lawrence

# UCSB Emeriti Association 2020-2021

#### Officers

William Ashby, President

Loy Lytle, Vice-President

Ellen Broidy, Secretary

William Prothero, Treasurer

Open, CUCEA Rep

#### Members at Large

Denise Bielby

Cynthia Brown

R. Dan Little

W. Douglas Morgan

Louise Moser

Tonia Shimin

Robert Warner

John Wiemann

Simon Williams

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#### **ВЕТИВИ SERVICE REQUESTED**

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