

### **Getting Started with Benefits**

- 1. UC Health Benefits
- 2. Retirement Benefits
- 3. Resources
- 4. When, Where, and How to enroll



#### **Presenters:**

- Rebecca Preza- Medical, Dental & Vision
- Ana Martínez- Disability, Life Insurance, Flexible Spending Accounts, Bright Horizons, Pet Insurance
- Cesar Cap- Retirements Benefits Fidelity

#### **UCSB Human Resources Office**

- Hours: 8:00 -12:00 (closed 12:00-1:00) 1:00 4:00
- HR ServiceNow: <a href="https://ucsb.service-now.com/global">https://ucsb.service-now.com/global</a>

#### **UCPath Center**

■ Phone: 855-982-7284

#### UCSB Human Resources https://www.hr.ucsb.edu/

- HR ServiceNow- HR questions, assistance, requests
- New Employee Orientation Benefits Slides (NEBO)

On HR UCSB website  $\rightarrow$  New Employees  $\rightarrow$  under Useful links



## **UCPath Benefits Webinar**

- Employees who are eligible for Full and Mid-Level benefits:
  Every Friday from 10:30AM to 12:00PM
- Employees who are eligible for Core benefits:
  2<sup>nd</sup> Thursday of the Month from 10:30AM to 12:00PM

#### **How to Attend:**

Join a meeting: <a href="https://UCOP.zoom.us/j/9517875041">https://UCOP.zoom.us/j/9517875041</a> (www.zoom.us) Meeting ID code: 951 787-5041

#### **Questions:**

Contact UCPath Center at 855-982-7284

Monday-Friday 8:00AM - 5:00PM

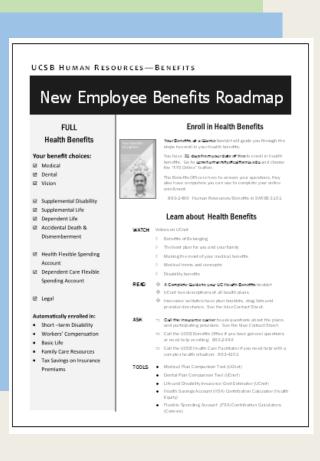
# New Employee Benefits Roadmap

#### Health Benefits (front)

- Benefit Package
- How to Enroll
- Learn about Health Benefits

#### Retirement Benefits (back)

- Retirement Choices
- How to Enroll
- Learn about Retirement Benefits



#### Welcome Folder – Health Benefits







**2019**A Complete Guide to Your UC Health and Welfare Benefits

See Blue Insert for plan contact information

### **UCnet**

- **New Employee Section**
- Plan descriptions
- How to "Roadmaps"
- Links to insurance contacts
- Videos to compare plans
- UCnet.universityofcalifornia.edu





WORKING AT UC HOME

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TOOLS & SERVICES

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#### TOP NEWS



#### Don't let the Trump administration undermine Title IX

Janet Napolitano op-ed in The Washington

Keep your holiday celebrations green with these tips

UC support for those affected by the California wildfires

Healthy crowd pleasers for holiday parties

University of California troubled by proposed changes to sexual harassment rules

How to protect yourself while shopping online

UC is Smoke and Tobacco Free. Are you?

More news »



#### Gifts that show your UC pride

This holiday season, choose gifts that give back to UC, like these recommendations from Berkeley, Davis and Irvine. And think twice before choosing free two-day shipping!



#### Get the most out of your UC vision plan

As 2018 comes to a close, it's a good time to take stock of your vision benefits.

#### YOUR ACCOUNTS

UC Santa Barbara

UCPATH

Health Benefits | Payroll | Leave

AYS UNLINE

**UCRP Pension Benefits** 

#### FIDELITY

Savings Choice, DCP, 403(b), 457(b)

More about your accounts

MOST POPULAR

New employee

Retirees

HR Forms & Publications

Retirement Administration Service Center (RASC)

Bargaining Units & Contracts

Complete Guide to UC Health and Welfare Benefits PDF

UC Advocacy Network

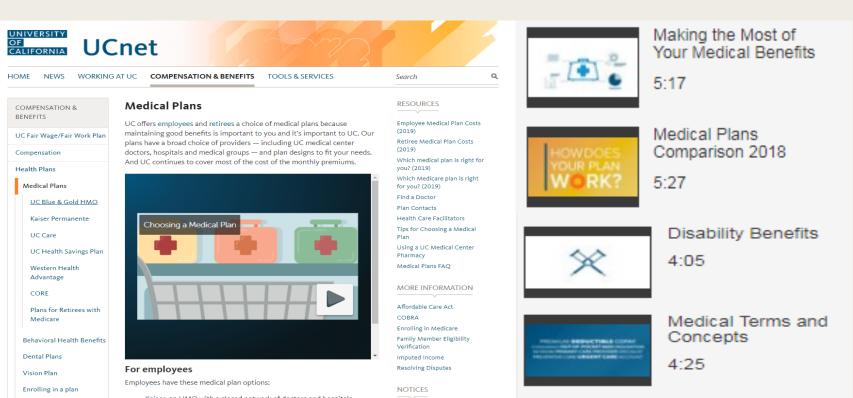
Personnel Policies





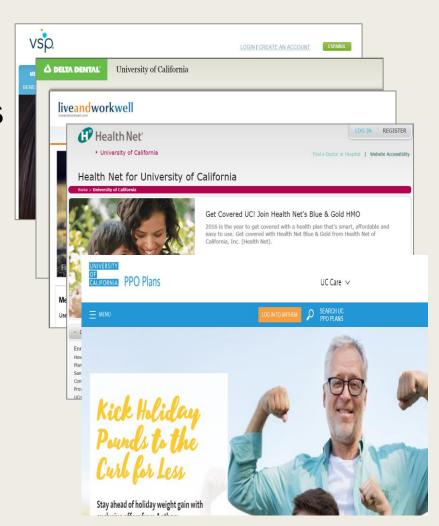
# **UCnet Videos**

- Benefits of Belonging
- The Best Plan for You and Your Family
- Making the Most of Your Medical Benefits
- Medical Terms and Concepts
- Disability benefits



# **Health Insurance Websites**

- Provider directories
- ☐ Prescription drug lists
- Wellness programs
- Member website
- Wellness Programs



# FAQs - Health Benefits



- When do health benefits start?
  - For most plans you are covered on your first day of work (date of hire)
- What is the deadline for enrolling in health benefits?
  - You have 31 days from your date of hire to enroll in health benefits. This is your Period of Initial Eligibility (PIE).
- How do I enroll in health benefits?
  - Go to <u>UCnet.universityofcalifornia.edu</u>
  - Select Your Location





# A little about you...



- Have you enrolled in your own insurance before?
- Have you had an HMO plan?
- Have you had a PPO plan?
- Do you know the difference between an HMO and PPO plan design?

# What are your priorities?

- Cost to enroll monthly premium
- Cost of care
  - Predictable, low cost copays
  - Pay a % of each service
  - Worst case scenario Out of pocket maximum
- Choice of providers
  - HMO medical group physicians
  - PPO preferred network or any provider
- Effort to manage coordinating care & bills



# Which medical plan is right for you?

- Medical Plans
- Summary of services
- Cost of care
- Monthly premiums



#### **Union Members**

Some rates may be different



### **Preventive Care**

- ALL medical plans cover preventive care at 100% with <u>in-network</u> providers
- Preventive care includes:
  - Annual well visit and labs
  - Well woman visits and labs
  - Preventive screening tests
  - Immunizations





# **UC HMO Medical Plans**

■ UC Blue & Gold HMO





(formerly Health Net Blue & Gold HMO)

Kaiser



■ Western Health Advantage (Available in Davis area only)

# **Health Plans**

- Medical
- Dental
- Vision



### **Health Maintenance Organizations (HMO)**

#### UC Blue & Gold HMO



- Sansum Clinic Santa Barbara, Lompoc, Santa Ynez
- SB Select IPA Santa Barbara
- Regal Ventura
- Physician's Choice Santa Maria

#### ■ Kaiser Permanente HMO



closest facilities Ventura & Los Angeles County

#### Using the UC Blue & Gold or Kaiser HMO Plan

You select
Primary Care Physician
(PCP)



When you need care go to your PCP



PCP **refers** you to specialist, x-ray, lab, hospital

- Find a Doctor on UCnet
- Live or work within 30miles of medical group
- Care is coordinated by PCP and medical group
- If away from medical group, plan will only cover urgent or emergency care

#### Cost of Care- UC Blue & Gold & Kaiser HMO

Predictable, low cost copays for services and drugs

Service	Copay
Office Visit	\$20
Labs, radiology	\$0
Urgent Care Visit	\$20
Outpatient Surgery	\$100
Inpatient Hospital	\$250
Emergency Room	\$75

No Deductible

# **HMO- Best Fit if...**



- Like lower monthly premiums
- Like low cost, predictable copays for care
- Like having a Primary Care Physician who helps manage your care
- Are satisfied with the specialists in the HMO medical group
- Don't have family members living outside the California HMO service area



# **UC PPO Medical Plans**

- UC Care
- Health Savings Plan
- Core



# Preferred Provider Organization-PPO

- You direct your own care, you decide where to receive services
- You pay annual deductibles before plan pays
- After deductible, you share the cost of each service with the plan - coinsurance
- Your costs are lower if you select preferred providers
- "Out-of-pocket Maximum" limits your financial liability

# **UC Care PPO**

- PPO plan designed for UC
- International plan
  - Employee & family members may live anywhere
  - Comprehensive coverage worldwide





### **UC Care Costs**

UC Select (Tier 1)

You pay copays

Anthem
Preferred
(Tier 2)

Deductible

You pay 20% Coinsurance

Non-Preferred
Out-of-Network
(Tier 3)

Deductible

Plan pays 50% of allowed rate

- Costs are based on the network/tier the provider is in and the service
- Not all services are covered at the UC Select tier
- Some services are covered only at the Anthem Preferred and Non-Preferred tiers

# **UC Care Providers**

UC Select (Tier 1)

UC Medical Centers

Other local providers

Anthem Preferred (Tier 2)

In CA:

Anthem PPO

In US:

Blue Cross/Blue Shield

**Outside US:** 

BlueCross BlueShield
Global Core
or any provider

Non-Preferred
Out-of-Network
(Tier 3)

Not contracted with Anthem in US

You have access to providers in all three tiers

#### <u>UC Care – Network providers near UCSB</u>

UC Select (Tier 1)

Santa Barbara limited to

Sansum Clinic Quest Lab Unilab

Pacific Diagnostic Lab

Pueblo Radiology

**Cottage Hospitals** 

Additional providers in

Ventura, Santa Maria & Lompoc

Anthem Preferred (Tier 2)

Anthem PPO physicians & facilities

Provider Directory: ucppoplans.com

#### Deductible, Coinsurance, Out of Pocket Max

#### **UC Care Example:**

Individual Coverage Anthem Preferred (Tier 2)

You pay	You share cost with plan	Plan pays 100% after you pay
\$250 Annual Individual Deductible	20% Coinsurance	00PM \$6,600

## UC Care- Best Fit if...

- You like to manage your own care; no PCP or referrals needed
- Ability to select any physician
- You understand that costs for services will vary depending on the physician you select
- You don't mind paying more than an HMO for a larger choice of physicians
- You're living outside of California OR out of the HMO service areas





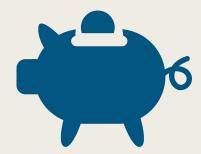
## **Health Savings Plan (HSP)**

Combines high deductible PPO with

Savings account to pay out-of-pocket expenses







#### **Medical Coverage**

**Health Savings Account** 





## Who is eligible for Health Savings Plan?

#### Health Savings Account members:

- Must live in US
- Can't be claimed as a dependent on someone else's tax return

#### Can't be enrolled in:

- Health Flexible Spending Account (FSA)
- Other traditional health plan
- Medicare Part A or B

# Anthem HSP - Medical Plan



- High deductible that must be paid before the plan starts sharing in the cost of care
- Deductible and OOPM <u>shared</u> by all family members
- Medical, drug and behavioral health expenses apply to deductible and OOPM
- Anthem PPO are in-network providers
- When traveling out of US, coverage for emergency and urgent care only

# <u>Anthem HSP - Medical Plan Design</u>

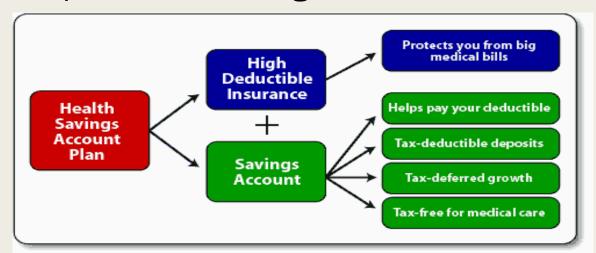


	In Network	Out of Network
Deductible Single Family (2 or more)	\$1,350 \$2,700	\$2,550 \$5,100
Member Cost Sharing (Coinsurance for medical services & drugs)	20%	<ul><li>Plan pays 60% of allowed rate</li><li>You pay balance</li></ul>
Out-of-Pocket Max (includes deductible) Single Family (2 or more)	\$4,000 \$6,400	\$8,000 \$16,000

# **Health Savings Account (HSA)**



- UC makes one annual contribution to HSA
- You may contribute pre-tax funds to HSA (optional)
- Funds rollover from year to year
- Funds belong to you, even if you leave UC employment
- Use the HSA funds to pay the deductible and other health expenses including dental and vision



# **Annual Contributions to HSA**



- UC Contributions are prorated based on the month the plan starts (see chart on UCnet)
- Call HealthEquity if you have questions about contribution limits.

 $\blacktriangleright$  Table is based on coverage that starts on 1/1/19.

Coverage	IRS Annual Limit	UC Contribution	Your Contribution Limit
Single	\$3,500	\$500	\$3,000
Family	\$7,000	\$1,000	\$6,000

Annual catch-up contribution for age 55+: \$1000

## Health Savings Plan- Best Fit if...

- You like lower monthly premiums
- You like the tax advantages of the HSA
- You want to build-up a saving account for future expenses
- You have few medical or drug expenses and expect to rollover HSA dollars
- You have many medical or drug expenses and will contribute to HSA so you can save taxes on health expenses
- You like managing your own care
- You don't mind managing medical accounts





# **Core**



- High deductible PPO medical plan
- Medical, drug and behavioral health expenses apply to the deductible and OOPM
  - Annual deductible is \$3,000 per individual
  - After deductible, you pay 20% co-insurance
  - <u>OOPM:</u>
  - Individual \$6,350;
  - Family \$12,700 (shared by all)
- You select network or non-network providers



# **Tele-Health**

- Medical & Behavioral Health
- Urgent care or routine care for the diagnosis/treatment of common illnesses, skin conditions, etc.
- Pre-registration recommended







## **Prescription Drugs**

Preferred Drug List (Formulary) is different for each carrier

Cost	<ul><li>UC B&amp;G HMO</li><li>UC Care</li></ul>	<ul><li>Health Savings Plan</li><li>CORE</li></ul>
<ul><li>Retail (30 day)</li><li>Generic</li><li>Brand</li><li>Non-formulary</li></ul>	\$5 \$25 \$40	You pay full cost of medication until you satisfy the deductible
Mail Order (90 day) Retail (Maintenance) • Generic • Brand • Non-formulary	\$10 \$50 \$80	After deductible, you pay 20% at preferred pharmacies

## **Behavioral Health Insurance**



- Counseling and substance abuse treatment
- Care by therapists, psychologist, psychiatrist
- Plans have different provider options and benefits

## **Behavioral Health - Provider Networks**

Plan	In-Network Providers	Out-of-Network Providers
UC Blue & Gold HMO (Health Net)	Managed Health Network (MHN)	No coverage
Kaiser HMO *See plan docs for Kaiser clinicians	Optum BH or Kaiser BH	No coverage
UC Care Health Saving Plan Core	Anthem BH	Non-Anthem

## Behavioral Health - Costs for Office Visits

Plan	In-Network	Out-of-Network
UC Blue & Gold MHN	1-3 visits no charge	No coverage
*See plan docs for Kaiser costs	4 or more \$20 per visit	
UC Care		After deductible, plan pays 50% of allowed rate

## Behavioral Health - Costs for Office Visits

Plan	In-Network	Out-of-Network
Health Savings Plan	After deductible, you pay 20%	After deductible, plan pays 60% of allowed rate
Core	After deductible, you pay 20%	After deductible, plan pays 80% of allowed rate



# **Dental Insurance Plans**



- Choice of two plans:
  - Delta Dental PPO
  - DeltaCare USA (HMO)
- Premium paid in full by UC



A Complete Guide to Your UC Health Benefits, Pages 24 - 27

# **Dental Plan Comparison**



Delta Dental PPO	Delta Care USA (HMO)
Worldwide Coverage	California Service Area
Choose Delta PPO or non- Delta • Large network in Santa Barbara	<ul><li>Assigned to dental group</li><li>Small network in Santa Barbara</li></ul>
Coinsurance 20% - 50% Annual \$50.00 Deductible per person	Copays - upgrades cost more
Maximum benefit up to \$1700	No maximum benefit

**Preventive care covered 100%** 

# **Delta Dental PPO**



### Best Fit if...

- You like being able to select any dentist
- You don't mind paying more for services to get a larger choice of dentists
- You don't expect to exceed the annual maximum benefit of \$1,700
- You're living outside of California



# **DeltaCare USA (HMO)**



### Best Fit if...

- You don't mind having a <u>limited</u> choice of dentists
- You are able to ask questions about the additional costs for "upgrades"
- You like lower out of pocket costs for services
- You expect to have major dental work that will exceed the Delta PPO maximum benefit
- You or a family member needs orthodontic services



## **Vision**



- Premium paid in full by UC
- Select VSP doctor for lower costs
- Limited reimbursements for non-VSP doctor
- Find VSP Choice providers: www.vsp.com

#### **Routine Exam**

**Exam**: \$10 co-pay (1 per calendar year)

Lenses: One set every year

Frames: \$160 allowance (every other year)

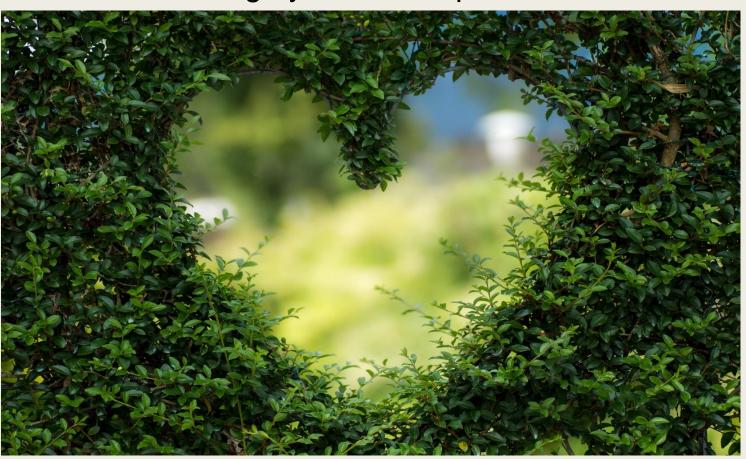
or

Contact lenses: \$110 allowance (per calendar year)



# Wellness Programs

Variety of resources and tools including discount programs, articles, videos, classes, well-being assessment, tracking tools and more! Access online resources through your health plan administrator.









## Other Insurance & Tax-Savings Accounts

- Disability Insurance
- Life Insurance
- Flexible Spending Accounts
- Bright Horizons
- Pet Insurance



### See booklet for these plans

- Accidental Death and Dismemberment page 39
- Legal page 43

A Complete Guide to Your UC Health Benefits

**Lincoln Financial Group** 

### What is Disability Insurance?

Disability Insurance provides partial wage replacement when you are unable to work because of an illness, injury or childbirth.

- No State Disability Insurance (SDI) coverage
- Workers' Compensation (work related only)

Enroll during PIE without a Statement of Health!

## <u>Disability Insurance – Overview of Plans</u>

#### **Basic Disability**

- Paid by UC- Enrollment is automatic
- Limited monthly benefits, up to 6 months of coverage

#### **Voluntary Short-Term Disability**

- Paid by you
- Up to 6 months of coverage

#### **Voluntary Long-Term Disability**

- Paid by you
- Long term benefits



# **Disability Insurance Options**

Plan	Basic Disability	Voluntary Short-Term	Voluntary Long-Term
Eligibility	Full, mid-level and core	Full, mid-level and core	Full, mid-level and core
Enrollment	Automatic	Optional	Optional
Waiting Period	14 days*	14 days*	6 months**
Benefit Percentage	55% to a maximum of \$800/month	60% to a maximum of \$15,000/month	60% to a maximum of \$15,000/month
Duration	24 weeks	24 weeks	Social Security Normal Retirement Age
Definition of Disability	Own Job	Own Job	24 month own occupation; then any occupation

## **Choices of Disability Insurance Coverage**

### **Basic Disability (Automatic)**

#### **Basic Disability**

Voluntary Short-Term

#### **Basic Disability**

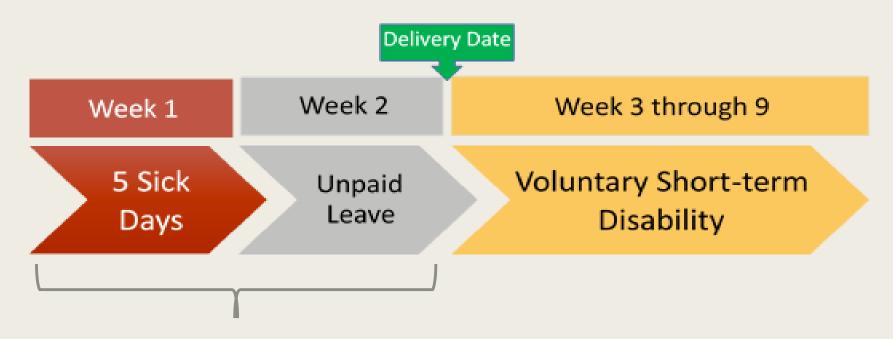
Voluntary Long-Term

#### **Basic Disability**

- Voluntary Short-Term
- Voluntary Long-Term

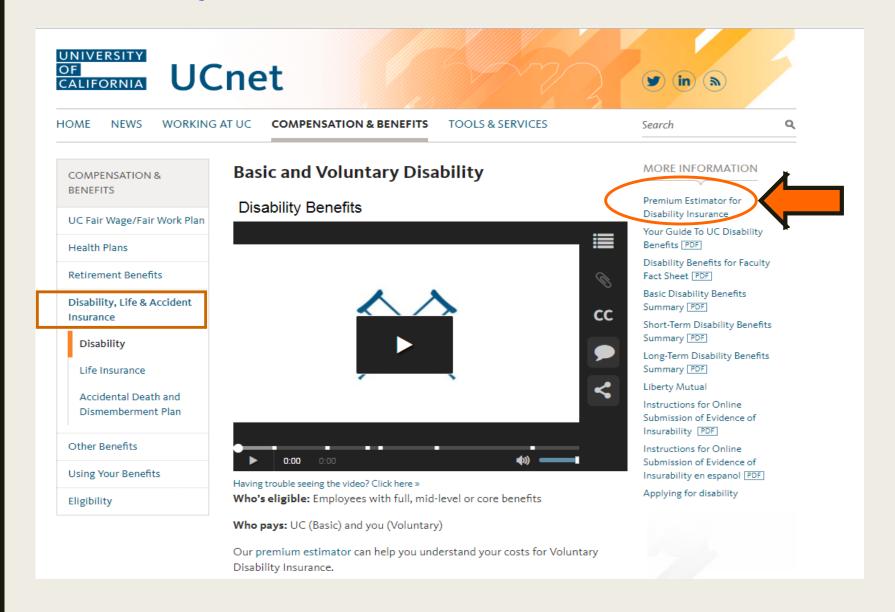
## Example - Uncomplicated Pregnancy

An employee who accrues sick leave is having an uncomplicated Pregnancy and Delivery (she is off work 2 weeks prior to her due date and 6 weeks post pregnancy). She is enrolled in <u>Voluntary Short-Term Disability</u> and has 5 sick days accrued.



14 calendar day waiting period

## **Disability Video and Premium Estimator**



# **Estimate Your Disability Premiums**



### **UCnet**



HOME

NEWS

WORKING AT UC

COMPENSATION & BENEFITS

TOOLS & SERVICES

Search

COMPENSATION & BENEFITS

UC Fair Wage/Fair Work Plan

Health Plans

Retirement Benefits

Disability, Life & Accident Insurance

Disability

Life Insurance

Accidental Death and Dismemberment Plan

Other Benefits

Using Your Benefits

Eligibility

#### Premium Estimator for Disability Insurance

Date of Birth (mm/dd/yyyy)

Were you hired on or after July 1, 2013 OR are you in a position that is not eligible for the UC Retirement Plan?

○ Yes ○ No.



**Full-Time Annual Eligible Earnings** 

Full-time annual salary is hourly rate x 2088 hours

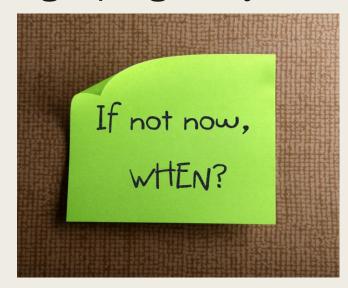
#### **ESTIMATE**

Enter your annual eligible earnings, based on your percentage appointment. (For example, if you have a 50 percent FTE appointment with an annual salary of \$80,000, your annual eligible earnings would be \$40,000.)

Eligible earnings do not include pay such as stipends, shift differentials, overtime, agreement payments, compensation for extension teaching, summer salary (academics only), etc.

### Benefits of enrolling in Voluntary Disability now?

- After PIE statement of health is <u>required</u> and you can be denied coverage
- Cannot enroll during annual Open Enrollment
- If you can't work, can you afford to live on \$800/month Basic Disability benefit?
- You are planning a pregnancy?





# Life Insurance



### What is Life Insurance?

Life Insurance provides financial protection for your family members in the event of your death.

- You may also buy life insurance for your eligible family members.
- Benefits are paid to designated beneficiaries chosen by you.

Enroll during PIE without a Statement of Health!

## <u>Life Insurance – Overview of Plans</u>



### Automatic enrollment, paid by <u>UC</u>:

Basic Life

or

Core Life



### Additional Life Insurance, paid by YOU:

- Supplemental Life
- Dependent Life Basic or Expanded

A Complete Guide to Your UC Health Benefits - page 34

## <u>Life Insurance – Automatically Enrolled</u>

Covers the life of the employee - Paid by <u>UC</u>

### **Basic Life**

 Benefit equal to employee's annual salary up to a maximum of \$50,000

OR

### **Core Life**

■ \$5,000 benefit



## **Supplemental Life Insurance**



# You Select Coverage:

- 1x's annual salary
- 2x's annual salary
- 3x's annual salary
- 4x's annual salary
- <u>Or</u> \$20,000 (flat)

# Premiums are based on:

- Coverage level you select
- Age
- Annual Salary

\*For benefit limitations see A Complete Guide to Your UC Health Benefits - page 35

## **Dependent Life Insurance**



Covers life of your eligible family members - Paid by YOU

### **Basic**

■ \$5,000 benefit per family member



### **Expanded**

- Employee must enroll in Supplemental Life
- Spouse/Domestic Partner = 50% of employee coverage
- Children \$10,000 benefit

## Example - Supplemental and Expanded Life

If you enroll in Supplemental Life

You may enroll your family members in Expanded Dependent Life

**Employee Coverage** 

2 x annual salary

Spouse Domestic Partner

50% of employee

Children

Flat \$10,000

## **Estimate your Life Insurance Premiums**



HOME

## **UCnet**



COMPENSATION & BENEFITS

NFWS

UC Fair Wage/Fair Work Plan

Health Plans

Retirement Benefits

Disability, Life & Accident Insurance

Disability

Life Insurance

#### Life Insurance

Who's Eligible: Employees eligible for full, mid-level or core benefits

Who's covered: You

Who pays the premium: UC

Employees eligible for full benefits are automatically enrolled in Basic Life at no cost. Employees eligible for mid-level or core benefits are automatically enrolled in Core Life at no cost.

Supplemental Life, Dependent Life and Expanded Dependent Life insurance are available for a monthly premium to employees eligible for full or mid-level benefits. Senior Management Life is also offered at no cost to members of the

#### MORE INFORMATION

Premium Estimator for Life Insurance

Prudential website

Life Insurance Plan Booklet PDF

Previous Years' Booklets

At Your Service Online

Designation of Beneficiary -Employees (UBEN 116) [PDF]

Six reasons to consider life insurance PDF

## Flexible Spending Accounts (FSA)

### What is a Health FSA?

Health FSA allows you to set aside pretax money each year for eligible medical, dental and vision expenses for you and your dependents.

### What is a Dependent FSA?

DepCare FSA allows you to pay for eligible expenses for care of your child (up to age 13) or eligible adult dependent.



## **Health FSA**



Save taxes on eligible medical, dental, vision, prescription drugs etc. for you and your eligible dependents	
Health FSA- 2019 Limit: \$2,650	
If you do <b>not</b> use all your funds by 12/31/19 you will <b>forfeit unclaimed funds</b> in <b>excess</b> of \$500	
You can carry over up to \$500 of unused funds into 2020. Even if you do not enroll in the 2020 plan	

\*Expenses incurred in 2019 will be reimbursed from your 2019 contributions

Estimate your expenses carefully

## **Dependent FSA**



Pay for eligible child care and adult day care expenses for care of your child (up to age 13) or eligible adult dependent.	
Dependent FSA-2019 Limit: \$5,000	
You forfeit any unclaimed funds after grace	
period.	

\*Expenses incurred in 2019 will be reimbursed from your 2019 contributions

Estimate your expenses carefully

## **How FSA Works**



- You make monthly payroll contribution with pre-tax earnings
- Use health FSA Spending Card for eligible medical, dental, vision expenses or submit claim forms to WageWorks for Health FSA and/or Dependent FSA reimbursements
- Effective date of plan is the 1<sup>st</sup> of the month following enrollment; subject to payroll deadlines
- You must <u>reenroll EVERY year</u> during Open Enrollment



## **Family Care Resources**

### Bright Horizons Care Advantage

- Two programs
  - Sittercity
  - Years Ahead
- Database of providers
- UC pays for membership (subject to collective bargaining)
- YOU select care giver, YOU pay for services
- Register online at the UC-specific Bright Horizons Care Advantage website





## **Bright Horizons - Sittercity**



### In-home caregivers including:

- babysitters
- full and part time nannies
- pet sitters
- tutors
- housekeepers
- individual senior caregivers

### Search for caregivers online or post a job

- Check references
- View background checks

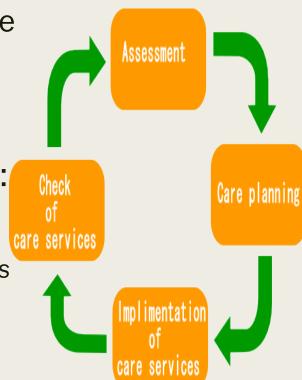


## **Bright Horizons - Years Ahead**



### Eldercare planning and referrals

- Certified senior care advisors for guidance
- Needs Assessment
- Online profiles of care providers
- Network of specialized facilities including:
  - memory care and hospice care
  - independent and assisted living communities
  - in-home healthcare
  - senior care companions



### **Bright Horizons 2019 Webinar Schedule**

Join Bright Horizons® for another year of live family webinars, where parents and caregivers can connect and learn about managing work, parenting, caregiving, and family life.



#### RAISING CHILDREN IN A DIGITAL WORLD

Week of January 21st: Are you wondering when to introduce technology to your child, and how to make it an enriching experience? Join our webinar to learn about the role digital media plays in childhood, and how you can model appropriate technology use and digital citizenship.



#### EXPLORING THE "E" IN STEM

Week of May 27th: You've heard of STEM — science, technology, engineering, and math — but you might be intimidated by the idea of introducing these concepts to your child, especially engineering. In this webinar, you'll learn how to make engineering kid-friendly and get tips on exploring this future-forward topic with infants through school-agers.



#### GET READY FOR SCHOOL

Week of September 23rd: Whether it's your child's first step into kindergarten or you're getting ready for your elementary schooler's transition from summer to fall, being prepared ensures a smooth, successful school year. Join our webinar to learn how to approach this exciting time. Find out what "ready for school" means for different ages groups, how to teach important skills, and how to make adjustments at home.



#### LIFE AS A WORKING MOM

Week of March 25th: Whether you're a new mom getting ready to return to work, or you've been a working mom for a while, you might be curious about the expectations — or lack thereof — you'll face in the office. Join us as we reveal results from the Bright Horizons Modern Family Index survey and learn what research says about working motherhood.



#### THE FIRST YEAR OF PARENTING

Week of July 29th: Life with a new baby can be exciting and overwhelming at the same time. How can you make the most of it? Join us for an overview of the first year of parenting — from taking full advantage of your leave, to understanding infant development, to returning to work and managing your many responsibilities.



#### CREATING A FAMILY CARE PLAN

Week of November 19th: As your parents and loved ones get older, planning ahead is especially important. You need to think about things like housing, medical documents, financial responsibilities, and more. So, how can you involve family members with the care plan? Join us to learn how to figure out roles, responsibilities, and coordination.

Visit: https://www.hr.ucsb.edu/employee-services/family

## **Pet Insurance**

Nationwide®

- Covers dogs, cats, birds, small mammals, and exotic pets
- Premiums are paid directly to Nationwide
- Rates based on species and plan type
- Premiums will not increase based on pet's age. (No age exclusions)
- Coverage is generally 90% of veterinary costs, after \$250 deductible, up to \$7,500 per year.
- Benefits Include:
  - Vet Care for injury and illness
  - Preventive care
  - Euthanasia, cremation and burial
  - Pre- existing conditions are not covered





### **How to Enroll**

### **UCPath Employer Self Service Portal (ESS):**

- To enroll in benefits
- Enroll in direct deposit
- Elect electronic W-2s
- View earnings statements
- Update personal information

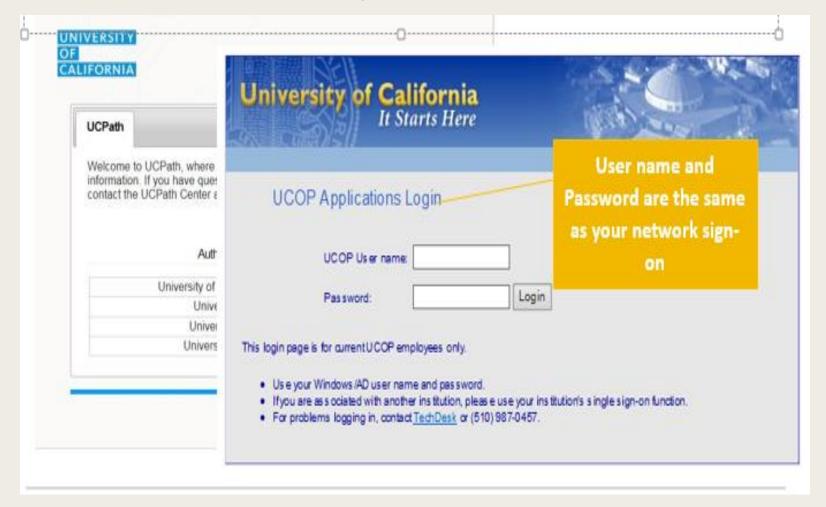
### Use AYSO:

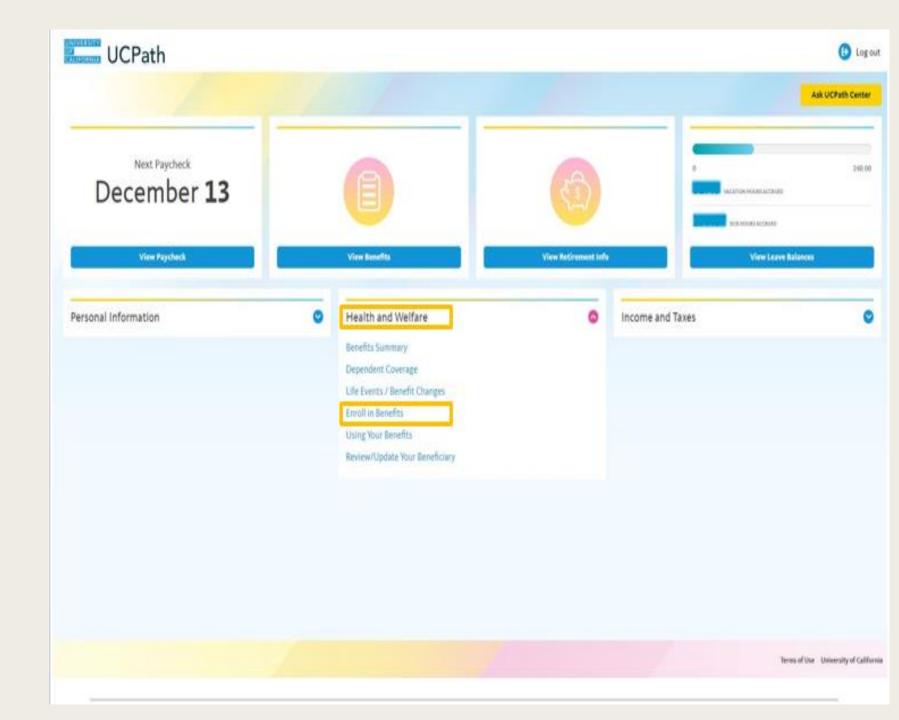
Beneficiaries & Retirement



### How to enroll - UCPath locations

(ucpath.universityofcalifornia.edu)





# AYSO atyourserviceonline.ucop.edu/ayso

#### **Usage Tips:**

- → Best viewed with Microsoft Internet Explorer 8.0, Mozilla Firefox, and Safari for the Mac.
- Do not use your browser's Back button
- For confidentiality, always Log Off and close your browser when you have finished your online session.

Click on New to UC

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Username:

Password:

Sign In

- New to UC and have a temporary password?
- New User and don't have a password?
- → Forgot your Username or Password?

## atyourserviceonline.ucop.edu/ayso

### Sign In - Identify Yourself

For a limited time, you will be able to sign in with your Social Security number.

Please enter your Social Security number and password below.

Social Security number:

Password: MMDDYYYY

Enter your
Date of Birth
as password

Sign In

Cancel

Forgot your Password?

## **Insurance ID Cards**

### Mailed to your home address in UCPath

- Medical Cards
- Health FSA Spending Card
- Health Equity Card
- Legal

Print from insurance website (see Blue Contact Insert)

- Dental Plans
- Vision Services Plan (VSP)

## **Eligible Family Members**

- Legal spouse, same sex/opposite sex domestic partner
- Child(ren) under 26
- Legal Ward(s) under 18
- Overage disabled child

A Complete Guide to Your UC Health Benefits - pages 13 - 14

## Your Responsibility

 Check eligibility requirements before enrolling a family member

Family Member Eligibility Verification • Unify



- UnifyHR will request documents to verify eligibility within 30-60 days
- Your family member(s) will be de-enrolled if you fail to respond to UnifyHR's request for documentation.

## Tax Implications of Enrolling a Domestic Partner

- UC's contributions toward their health plans will be considered taxable income or "imputed income"
- Your taxable income may increase if you enroll a domestic partner or his/her children not declared as a dependent on your federal taxes.

 A Complete Guide to Your UC Health Benefits – page 6

## Making Health Benefit changes after PIE

### Life Events

- Add a family member 31 days from event to enroll
- Family member loses eligibility notify Benefits
   Office

### Open Enrollment Period

- Opportunity to select different plans in October/November
- New plans start January 1 of next year
- Family Changes Checklist on UCnet
- A Complete Guide to Your UC Health Benefits pages 7-8

## Next Steps..

### **Explore benefit options**

- UCnet videos, plan descriptions, plan summaries, plan booklets
- Health Plans providers lists, coverage details, preferred drug lists (formulary)

Enroll before end of "PIE"

## **After You Enroll**

### Check UCPath:

- Review earnings statement
- Are enrollments and deductions correct?
- Update your address if you move
- Direct deposit

### **Check AYSO:**

- Are Beneficiaries for insurance and retirement correct?
- Update your address if you move
- Retirement calculator



### Take a break...then on to Retirement!

Pick-up the retirement booklet for your program

Presentation starts at 3:30

