Fall 2023

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EMERITI-RETIREE NEWSLETTER **UC SANTA BARBARA**



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From the Retirees Association's Past President

Greetings from the Retirees Association board! Our traditional Holiday Lunch will be held in Mulligan's Café & Bar Banquet Room on Thursday, December 14 from noon – 2 pm. We will send an email flier with a registration form for you to return with your check. The cost is \$27.00 per person. The deadline for your lunch reservation is Tuesday, December 5th. Look for that email invite from us. Those without email will receive a flier in the mail.

We will have nice prizes to give to the winners who choose to participate in the drawing, great entertainment, a no host bar and of course Mulligan's Italian Buffet to please your appetite. Following the Retirees Association's tradition, each person is invited to bring an unwrapped toy for a child to put under the tree and the toys will be delivered to needy kids via Toys for Tots.

This past year we went on two fun trips: to the LA County Museum of Natural History and the other to the Lavender Farm in Los Olivos, plus an olive oil tasting! We also had a fascinating workshop with expert antiques appraiser, Elizabeth Stewart.

The Retirees Association board find ourselves in a time of transition and opportunity. We are sorry to announce that Barbara Bartolome, board President, has had to resign her position due to family matters. Our long-time Programs Chair, Donna Craig (thanks for nine great years, Donna!), has fully retired from the Board and we are searching for someone to plan events for you. If you are interested in learning more, please contact Ellen Pasternack. Board positions are for two years and board meetings are once a

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From the Emeriti Association President

Dear friends and colleagues,

No mistake: you didn't receive a dues notice for the 2023-2024 academic year because the Emeriti Association no longer has a dues requirement. All emeriti, spouses, domestic partners, and survivors of emeriti are now members, and we'll rely on your financial support to help us offer a range of programs and opportunities for meaningful connections with UCSB.

You will receive email communications with announcements of a wide variety of social, cultural, and educational events throughout the year, including bike rides, nature walks, docent-led museum tours, live performances, and lectures on topics of wide interest. You can also access our archive of Zoom talks.

We now collaborate with the UCSB Center for Aging and Longevity Studies (CALS), and the first annual jointly sponsored lecture took place on October 20, 2023. On March 27, 2024, the UCSB Library will host for us a second event in their Special Collections Department, this year highlighting emeriti research. Last year's event highlighted emeriti donations to the Library archives.

Through the UCSB Emeriti Association Promise Scholarship, we support high achieving, first-generation college students from low-income households. We will build on that

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UC Santa Barbara

Retiree Open Enrollment for 2023

October 26, 8 am - November 27, 5 pm
Open Enrollment will be fully virtual this year

Open Enrollment changes will be effective January 1, 2024



Satisfied with your current benefits elections? Not making any changes? Then, no action is required and all existing benefits will roll over to the new plan year effective January 1, 2024.



<u>Pre-Recorded Presentations for Retirees</u>

UC Medicare Supplement PPO plans (available only for UC Retirees)

UC Medicare Choice (United Health Care) Medicare Advantage PPO

(available only for UC Retirees)

A message from Cheryl Lloyd, Vice President of Systemwide Human Resources, about the increase in medical premium prices.

Retiree-Specific Links

UC Open Enrollment Brochure - Retirees

<u>UC Open Enrollment Brochure - Retirees</u> <u>Outside California</u>

Open Enrollment Checklist - Retirees

Additional Open Enrollment Links

Medical premiums are rising: Choose the right plan for you by 5 p.m. on Nov. 27, 2023

Open Enrollment is here, through Nov. 27, 2023

Frequently asked questions (FAQ)

MAKE CHANGES by Tuesay, November 27 at 5:00 pm

To make all Open Enrollment changes, Retirees will use <u>UC Retirement At Your Service (UCRAYS)</u>

If you do not wish to make any changes <u>you do not need to take any action</u>. Your current health insurance will continue, but your costs may change.

Questions about benefits enrollment call: UC Retirement Administration Service Center (RASC)

Phone: 1-800-888-8267 Hours: 7:00 am to 4:30 pm PT, Monday through Friday



Online Shopping Tips for the Holiday Season

Jennifer Mehl, CISSP, Interim Chief Information Security Officer Roger Padilla Jr., CISSP, Unit Information Security Lead, ITS Olivia Davis, Cybersecurity Awareness Coordinator, ITS

Online shopping grows increasingly popular each year. The holiday season has particularly noticed its impact; Black Friday through Cyber Monday marks the busiest online shopping period of the entire year, and the boost in online shopping continues throughout the holiday season. Unfortunately, the ease and convenience of online shopping make the holiday season a perfect time for cybercriminals to take advantage of unsuspecting online shoppers. Three common ways that attackers take advantage of online shoppers are:

Creating fraudulent sites and email messages Intercepting insecure transactions Targeting vulnerable computers



- 1. **Shop reliable websites, and get there safely.** If an offer sounds too good to be true, it probably is! Don't be fooled by the lure of great discounts on less-than-reputable websites or fake companies. Use the sites of retailers you know and trust, and get to their sites by directly typing a known, trusted URL into the address bar instead of clicking on a link.
- 2. **Beware of seasonal scams.** Fake package tracking emails, fake gift cards, fake charity donation scams, and emails requesting that you confirm purchase information are particularly common during this time of year.
- 3. Conduct research. There are a lot of fake and malicious companies out there. When considering a new website or online company for your holiday purchases, read reviews and see if other customers have had positive or negative experiences with them. Also, verify that the website has a legitimate mailing address and a phone number for sales or support-related questions. If the site looks suspicious, call and speak to a human.
- 4. Always think twice before clicking on links or opening attachments even if they appear to be from people you know, legitimate organizations, your favorite retailers, or even your bank. Messages can easily be faked, so only open known, expected URLs and attachments. When in doubt, throw it out!
- 5. **Keep clean machines.** Before searching for that perfect gift, make sure your device, apps, browser, and anti-virus/anti-malware software are patched and up-to-date.
- 6. **Protect your passwords.** Make them long and strong, never reveal them to anyone, and use multi-factor authentication (MFA, also called two-factor or two-step authentication) wherever possible.
- 7. Look for https:// (not http) in the address bar before using your credit card online.
- 8. Check your credit card and bank statements regularly. These are often the first indicators that your account information or identity has been stolen. If there is a discrepancy, report it immediately.
 Stay safe with text alerts. Most banking apps and sites provide the option to set alerts, such as a text message for every transaction over a specified dollar amount or a daily text summary of your current balance. Set these alerts and use them to spot signs of unusual activity. Check your credit report annually. The Federal Trade Commission provides information here about getting free credit reports and what to do if you find discrepancies here.
- **9. Secure your home Wi-Fi.** To prevent eavesdroppers and data thieves, enable strong encryption on your home wireless network WPA2 is recommended. Set a strong password (12 characters or more), change your network's name (SSID) from the default to something not obviously belonging to you, and limit who has administrative access to your home network. Finally, log into your wireless router periodically to check for software updates (many home routers don't auto-update.)
- 10. Get savvy about Wi-Fi hotspots and public computers. Consider all Wi-Fi hotspots and public computers vulnerable,





Attention all UC travelers, adventurers, friends and family. It is time to think about places to go and places to see. UC Retirees Travel has 14 adventures planned in 2024: Costa Rica, A World of Nature; Australia and New Zealand; Japan's Cultural Treasures; Sicily; Colors of Morocco; Turkey's Magical Hideaways; Great Rivers of Europe cruise; Croatia and Its Islands; Memorials of WWII; Alpine Lakes and Scenic Trains; Scotland Revealed; A Culinary Journey Through Tuscany; Kingdoms of Southeast Asia; Montreal and Quebec City Christmas. We look forward to packing our bags, getting our plane tickets, and venturing out. Remember, all UC Retiree Travel trips include airfare (or a land-only option), hotels,

most meals, most excursions, and transportation. Learn more at:

UC Retirees Travel

Fall 2023: Events & Webinars for UCSB Emeriti & Retirees

Stay tuned to your inbox to receive registration details for the following events. Please contact Ellen Pasternack if you would like to be added to the Emeriti Retiree Center email list. Details will also be posted on the Emeriti Retiree Center website.

DATE	EVENT	TIME	LOCATION
Thurs, Nov 2	Chancellor's Reception for New Retirees - by invitation	3 to 5 pm	Mosher Alumni House
Tues, Nov 14	How to Incubate a Village in Santa Barbara With Carolyn Ross, Village Movement CA	3 to 4:30 pm	Zoom Webinar
Thursday, Nov 16	Emeriti & Retiree Dinner at State & Fig- tentative date	5:30 to 8:30 pm	La Arcada - 1114 State Street, Unit 18
Tues, Nov 28	AD&A Museum Tour	1 to 2:30 pm	Contact <u>Ellen Pasternack</u> , Emeriti Retirees Center Coordinator
Tues, Dec 14	Retirees Association Holiday Party	Noon to 2 pm	Mulligan's Café— Contact <u>Ellen</u> <u>Pasternack</u> , to reserve

Retirees President cont'd from page 1

quarter. Please consider joining us.

Our Retirees Board was made up of long-term members who are now leaving after many years of service. We also need your help to fill the following positions: Vice President, Secretary.

We look forward to seeing you at the Holiday Lunch on December 14th!

Warm Regards, Barbara Anderson Past President and Ex-Officio Board Member Retirees Association



Congratulations to Professors Nelson Lichtenstein, History, Joel Feigin, Music and Alice Condodina, Dance



who have been chosen as the <u>Dickson Emeriti Professors</u> for 2023-2024!



The UCSB Emeriti Association has developed a strategic partnership with with UCSB's new Center for Aging and Longevity Studies (CALS). In October the emeriti co-presented a lecture by Patricia Gettings, University of Albany, SUNY,

"I see roads open up in front of me":

Drawing Connections among

Discourse of Retirement.

Learn more about the center and its events.



<u>Events and Exhibitions</u> from our friends at UCSB's Library

UCSB Human Resources Holiday Closure

2023 campus closure dates have not been announced as of the date of publication. They are typically scheduled the week before, and/or, of Christmas. During that time, you can go to these links for assistance:

Health Plan Contacts:

http://ucnet.universityofcalifornia.edu/contacts/plan-contacts.html

UC Retiree Administration Service Center (RASC)
1-800-888-8267 (General) or 1-888-8256833 (Survivor Unit)
https://ucnet.universityofcalifornia.edu/contacts/rasc.html

IICnot

https://ucnet.universityofcalifornia.edu/

Fidelity Retirement Services

1-866-682-7787 or https://nb.fidelity.com/public/nb/default/home



Parking Permits - No Renewals Needed!

Emeriti and Retirees no longer need to renew their campus parking permit at the end of every calendar year. If you are an emeritus/a or retiree who would like to have a parking permit, you can do so online or in person. Emeriti can **procure a parking permit at this link**. Retirees can **procure a parking permit at this link**. Be sure to have your Retiree ID card at the ready. Please note that recalled faculty/staff who are on paid recall are not eligible while employed. Questions? Please contact **TPS** directly, or call **805-893-2346** to arrange for a permit.

Need an ID card? Contact the Emeriti/Retirees Center at epasternack@ucsb.edu or call **805-893-2168**. ID cards are available electronically. You may choose to print the card, or save it on your phone to present as requested. Emeriti and Retirees ID cards do not expire.

Emeriti President cont'd from page 1

connection with Promise Scholars this year as we initiate a program for emeriti to mentor Promise Scholars. <u>Learn more about the Promise Scholars program.</u> Meet the Emeriti Association's newest Promise Scholars, <u>Qien Feng</u>, and <u>Heath Milton</u>. <u>Donate</u> to the Emeriti Association's Promise Scholars Scholarship.

For another opportunity to connect with UCSB undergraduates, emeriti are invited to propose one- or twounit <u>Discovery Seminars</u> for freshmen or transfer students, and these seminars may be team-taught as well as by individual emeriti instructors.

We continue to be concerned about the elimination of on-site retirement advisors and the substitution of remote counseling by way of the Retirement Administrative Service Center (RASC) in Oakland. UCSB once had two retirement advisors on staff. Those positions were eliminated, and all retirement counseling and processing for UCSB is now done remotely, via the Retirement Administrative Service Center (RASC). Many recent retirees who have used the RASC system have been deeply dissatisfied. Our Emeriti Welfare Committee will continue to campaign for a return to on-campus retirement counseling.

Finally, your support of the <u>Emeriti Association</u> will help us to support our activities. Questions? Contact <u>Ellen Pasternack</u>, or call 805-893-2168.

Muriel Zimmerman
President
Emeriti Association
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The UCSB Current: UC Santa Barbara News & Events

UCSB's official news site updated daily with breaking news, events, and research news from the University of California.

Click here to see the latest edition.

IN MEMORIAM



Seymour Bachmuth Mathematics 1994

Clarence Barlow Music 2019

Leonard Fischer Facilities Management 1986

> James Hartle Physics 2005

Anne Hyde Greet French & Italian 1990

Maryann Marwitz 1993

> Jo Radde Physics

July 1997

Melvin Rosenfeld
Mathematics

1994

Orville Sandall
Chemical Engineering
2006

Van Scranton Art October 1999

Robert Voigt
Facilities Management
July 2010

Losing a loved one is never easy, and it can be difficult to settle your loved one's estate while you are still grieving. Detailed information on the steps you need to take can be found at Your Guide to Survivor and Beneficiary Benefits booklet. UC staff will work with you to explain any benefits available to you and to other survivors or beneficiaries. The Retirement Administration Service Center will be your primary point of contact. RASC representatives can answer questions and guide you through the process of claiming both UCRP benefits and UC-sponsored health and welfare benefits, if you're eligible. Report a death via Retirement At Your Service (UCRAYS) or contact the RASC Survivor Intake Unit at 1-888-825-6833 (or 1-510-987-0200 from outside the U.S.), 8:30 a.m.— 4:30 p.m., Monday through Friday.

Have you moved recently?

If you have moved, please remember to contact the following with your new address:

- ⇒ <u>UC Retirement Administration Service Center</u> (RASC) 800-888-8267 will forward your updated address to your insurance carriers. You can update your contact information via <u>Retirement At Your Service</u> <u>Online</u> (UCRAYS)
- \Rightarrow To send to RASC via USPS, the change of address form for retirees is found here -<u>UBEN131</u>. Once completed, the form should be sent to RASC (address on UBEN 131 form)
- ⇒ Social Security if you are on Medicare
- ⇒ UCSB Emeriti/Retiree Center send email to epasternack@ucsb.edu



Dear Retirees Association & Emeriti Association members:

You are graciously invited to subscribe to the UCSD Retirement Association YouTube channel. Subscribe on this page: https://www.youtube.com/c/UCSDRetirementAssociation/geatured By subscribing, you will receive notifications of new video programs posted to the channel.

On RAYT, you will find videos presenting all aspects of <u>Senior Seminars</u> (Intro to Social Security, Advanced Claiming Strategies for Social Security, Fiduciary, Estate Planning, Elder Abuse, Long Term Care, etc.), as well as two Faculty lecture series (the <u>Emeriti Association Faculty Lecture Series</u> and the <u>RA Emeriti Faculty Lecture Series</u>), <u>History and Archaeology</u>, <u>Financial Seminars</u>, <u>Food Demos</u>, <u>Gardening Series</u>, <u>Arts & Culture</u>, and <u>so much more</u>. This will all be at your fingertips for FREE.

We hope you will join us on our channel by subscribing to it. You will learn a lot by being a subscriber to this channel.

Best regards, Vania

Vania Bailon, Director
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Chancellor's Scholars &
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Phone: 858-534-4724 Email: <u>scioffi@ucsd.edu</u>



Live Entertainment From UCSB!

Enjoy live entertainment on campus, or downtown:

Batsheva Dance Company

Carsey-Wolf Center

Department of Music Events

Department of Theatre and Dance

UCSB Arts and Lectures



UCSB Human Resources

SAASB Third Floor, Room 3101 Santa Barbara, CA 93106-3160

Website Map

CENTER COORDINATOR:

Ellen Pasternack

Email:

epasternack@ucsb.edu

PHONE: 805-893-2168



Photo by William Prothero

UCSB Retiree Association 2023-2024

Officers

OPEN, President

OPEN, Vice-President

OPEN, Secretary

Andrea Carr. Treasurer

Julie Luera, Membership

OPEN, Programs

Robert Mann, CUCRA Rep

Kim Summerfield, CUCRA Rep

Ex-Officio

Barbara Anderson

Ginny Turner-Scholl

UCSB Emeriti Association 2023-2024

Officers

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Ellen Broidy, Secretary

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Oliver Chadwick

Dorothy Chun

Patricia Cline Cohen

Scott Cooper

Tom Gerig

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William Prothero

Jon Spaventa

Robert Warner

Simon Williams
