

Presented by Janelle Mirzaei, UCSB Healthcare Facilitator program

# **Open Enrollment (OE) Dates**

**Starts** 

Thursday, October 30, 8:00 AM

Friday, November 21, 5:00 PM

**Ends** 

# Some Health Plans are Changing in 2026

- UC Medicare Choice
- UC Medicare PPO
- UC Medicare PPO w/ RX
- UC High Option Plan
- UC Blue & Gold HMO
- Kaiser Permanente HMO
- Kaiser Senior Advantage
- UC Care PPO
- HealthSavings+ with Health Savings Account (HSA)
- Delta Dental PPO
- DeltaCare USA
- Vision Services Plan- VSP

- Sun Setting the CORE and Health Savings Plan
- Transition to Blue Shield of CA from Anthem for faculty/staff and non Medicare PPO plans
- Anthem will still be the administrator for UC Medicare plans

For a more detailed overview of our non- Medicare plans please see our Medical Plan & Non-Medical plan Changes presentation

Healthcare Facilitator presentation link:

https://www.hr.ucsb.edu/hr-units/employee-services/health-care-facilitator



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## **Open Enrollment FAQs**

If I like what I have, do I need to do anything during open enrollment?

No

When do open enrollment changes become effective?

January 1, 2026

How do I enroll or change my medical, dental, or legal plans?

- Sign in or register on UCRAYS: retirementatyourservice.ucop.edu
- Contact RASC: 1-800-888-8267

## —RASC Updates During Open Enrollment for 2026—



- OE Office Hours hosted by the Insurance Team
- Weekly Medicare Office Hours (hosted by Medicare Liaison-Alicia)
  - Attendees have the option to book 1 on 1 appointment with Alicia if needed
- Monthly Medicare Webinars (hosted by Insurance Liaisons)
- RASC Call Center opening at 7am
- · Call team to assist with navigation on UCRAYS OE



- Updates to UCRAYS
- Office Hours registration link added to the Open Enrollment landing page
- Open Enrollment confirmation screen updated with language emphasizing timely Medicare form submission
- Prompt added to update demographics before continuing Open Enrollment
- New Retiree FAQ created by RASC
- Updated UBEN 100

# Medical Plan Offerings in 2026

Non-Medicare Plans	Medicare Plans
UC Blue & Gold HMO	UC Medicare Choice (UHC) (UBEN 121)
Kaiser Permanente HMO	Kaiser Senior Advantage (UBEN 127)
UC Care PPO	UC Medicare PPO (Anthem) (UBEN 123)
Health Savings+ with HSA	UC Medicare PPO w/o Rx (Anthem)
	UC High Option (Anthem) (UBEN 123)

## Via Benefits

Medicare Coordinator Program for all Medicare eligible families living outside of CA

## Partner plans for "split families" in 2026

Non-Medicare Family Members

**UC Blue & Gold HMO** 

Kaiser HMO

**UC Care PPO** 

Medicare Family Members

UC Medicare Choice (UBEN 121)

Kaiser Senior Advantage (UBEN 127)

UC Medicare PPO (UBEN 123)



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HealthSavings+

Health Savings+ plan is not available for "split families"

# Medicare Retirees Outside CA

- All covered family members must be 65+ and have Medicare
- Does not affect Dental/Vision/Legal coverage

- UC provides premium support
  - Health Reimbursement Account (HRA)
  - NEW: \$4,000 per covered person each starting in January (up from \$3,000)
    - Subject to graduated eligibility
- Use HRA money to buy Medigap or Medicare Advantage plans, pay for Medicare Parts B/D
  - Catastrophic Coverage special payments for pharmacy



# Medicare and UC

- Medicare is the federal health insurance program for those over 65 and some disabled
  - Part A: Hospital Insurance
    - Premium-free for most
  - Part B: Medical Insurance
    - \$185.00\*/month if newly enrolled in 2025
      - More if MAGI >\$106K/year\$212K for couples



<sup>\*</sup> Social Security has not released the 2026 Part B premium

# Medicare and UC plans

## Two ways to coordinate:

- 1. <u>Keep your Medicare</u>: Medicare is primary with a supplemental plan
- 2. Anthem Blue Cross plans are secondary
- Medicare providers must be used
  - 99% of U.S. doctors are part of Medicare
    - ~96% of U.S. physicians "participate"
       in Medicare and do not balance bill
    - Providers that do not accept
       "assignment" can charge up to 15%
       more
  - Providers who have opted out of Medicare are not covered

- 2. Assign your Medicare to an Advantage plan:
  - Medicare Advantage
- Kaiser Senior Advantage, UC
   Medicare Choice
- You must sign over your Medicare benefits to the plan (by form)
- Use plan ID card instead of Medicare card
- Medicare pays a flat monthly fee to the insurance company
- Medicare cannot be used separately from the Medicare Advantage plan

## Medicare & Non-Medicare PPO Plan Overview



# **UC Medicare PPO coverage**

- Original Medicare primary,
   Medicare PPO secondary
- Caution: <u>must use Medicare</u>
   <u>providers</u> (exception: mental health
   providers) unless not covered by
   Medicare
- Deductible only applies if not covered by Medicare (but covered by plan)
- Must use Medicare providers for nonbehavioral health services
- Diabetic supplies: Medicare Part B
   must be billed first, Navitus 2<sup>nd</sup>
- \$2,100 cap for pharmacy out-ofpocket max for prescription drugs

- Deductible: \$100
- Out-of-pocket Max: \$1,500 (Remains the same)



## Benefits Beyond Medicare:

- \* Acupuncture
- \* Hearing aids
- \* Services outside U.S.A.

# Cont'd UC Medicare PPO coverage

- Medicare primary: prior authorization is rarely required
- Use any Medicare provider for Medicare-covered services
- Use any licensed provider for behavioral health
- Comprehensive, world-wide coverage
- Acupuncture coverage
- Hearing aid coverage at 80%

- Skilled Nursing Facility care
  - Must meet Medicare's requirements including having been in a hospital at least 3 days and entered a Medicareapproved facility within 30 days after leaving the hospital

# **UC High Option coverage**

- For most services, plan pays 100% of balance after Medicare; you pay nothing
- \$50 annual deductible, 20% coinsurance applies only to services not covered by Medicare.
- **Example: Acupuncture**
- Original Medicare primary, UC High Option secondary
- Must use Medicare providers (exceptions for benefits beyond Medicare)
- Deductible only applies if not covered by Medicare (but covered by plan)

- \$50 deductible (remains the same
- \$1,050 Out-of-pocket Max (remains the same)



## NEW: Medicare PPO/High Option Plan -

# Additional Travel Vaccines for UC Care, HS+, Medicare PPO / High Option Supplement

- > Dengue Vaccine
- > Cholera Vaccine Live Oral
- Tick-borne encephalitis virus vaccine, inactivated;
   0.24 ML or 0.5 dosage, for intramuscular use
- > Zaite Ebolavirus vaccine, live, for intramuscular use

## **UC Care**

Tier 1: \$0 Tier 2: \$0

Tier 3: 50%

## **Medicare PPO/High Option**

After deductible is met:
IN/Preferred 20% allowed amount
OON/Non-Preferred 20% billed amount

HS+

IN: 30%

OON: 50%

## 2026 Blue Shield Non-Medicare Plan Changes

## **UC Care PPO**

- New criteria for all weight-loss medication coverage for weight management:
- BMI of 40 or higher, regardless of co-morbid conditions.
- Members currently on these drugs who started with at least 40
   BMI could continue with recertification.
- Blue Shield is the new vendor for both UC Care & HealthSavings+

## Blue Shield Non- Medicare Medical Plan Changes

## Health Savings+ HSA

- > HSA contribution limits (IRS limits)
  - **\$4,400** for single coverage (up from \$4,300)
  - **\$8,750 for family coverage** (up from \$8,550)
- > Increasing UC Contribution for the year:
  - Up to \$750 (from \$500) for single coverage
  - Up to \$1,500 (from \$1,000) for family coverage
- Same Catch-up contribution for members 55 and over: \$1,000 for the year
- > Same HSA custodian Health Equity

- You are **not eligible** to enroll in UC HealthSavings+ if you:
  - Are already enrolled in Medicare.
  - Are in a split family enrollment (at least one member is in a Medicare plan)
  - Plan to enroll in UC's general-purpose Health Flexible Spending Account (FSA).

#### > NEW:

Non-Medicare retirees who were not enrolled in UC HSP while employed by UC are now eligible for HS+ during OE only

# -Medicare Advantage & HMO Plan Overview-







# UC Blue & Gold HMO Plan Changes

	2025	2026
BMI Criteria for Weight Loss and Appetite	BMI 30+ (Obesity)	BMI 40+ (Morbid Obesity)
Suppressants for New Utilizers	BMI 27+ with cardiovascular comorbidity or obesity-related condition	

Existing members using these medications may continue if the prescribing physician certifies medical necessity and meets the Health Net PA criteria for Continuation of Therapy. Existing members will not be required to have BMI 40+

	2025	2026
Musculoskeletal Care (MSK) Management & Interventional Pain Management (IPM) Programs	Turning Point manages Prior Authorizations for MSK and IPM	Evolent manages Prior Authorizations for MSK and IPM
Sharecare Virtual Cooking Classes	N/A	Up to five (5) virtual cooking classes to UC locations at no cost

# Kaiser HMO Plan Design Changes

	2025	2026
	BMI 40+	BMI 40+
	BMI < 40	N/A
BMI Criteria for Weight Loss and Anti-Obesity Drugs	BMI 30+ with moderate/severe obstructive sleep apnea	BMI 30+ with moderate/severe obstructive sleep apnea
	BMI 27+ with one of these comorbidities: peripheral artery disease, history of stroke or heart attack	BMI 27+ with one of these comorbidities: peripheral artery disease, history of stroke or heart attack

Members who started treatment with BMI 40+ may access the medications for up to 24 months (if medically necessary); those who started with BMI below 40 will no longer have access to the medications if they do not have a comorbidity as outlined by KP.

# Kaiser Senior Advantage Plan Design Changes

	2025	2026
Emergency Room Copay	\$65, waived if admitted	\$100, waived if admitted
Inpatient Hospital Copay	\$250	\$350

# **UC Medicare Choice**

UnitedHealthcare®

- Use any Medicare provider who will bill UHC
- Use any licensed provider for behavioral health
- Comprehensive, world-wide coverage
- No 3-day hospitalization required prior to use of skilled nursing facilities
- Foot orthotics: no diagnosis of diabetes necessary
- Gym membership

- Prior authorization required for many services
- Must use Medicare providers for non-behavioral health services
- Hearing aid benefit limited to \$2,000
- 24-visit annual limit on acupuncture, chiropractic services
- Some doctors will not bill Medicare
   Advantage plans- confirm with
   provider if they accept Medicare
   Advantage plans

# UC Medicare Choice - Plan Changes

	2025	2026
Emergency Room Copay (waived if admitted)	\$65	\$100
Inpatient Hospital Copay	\$250	\$350
Part B Drugs Copay (infusion therapy in an office setting)	\$0	\$30
Part D Deductible – Tiers 3 (Non-Preferred) & 4 (Specialty)	\$0	\$100
Part D Copay – Tier 4 (Specialty Rx)	\$30	30% up to \$150 per prescription
Fitness Program	SilverSneakers	Renew Active
Personal Emergency System	Covered	Not covered
CALM App	Not Covered	Covered

## Medicare Part B copay and Medicare Part D drug deductible

• Part D drug coverage deductible - \$100 for Tier 3 and 4 combined, except for covered insulin products and most adult Part D vaccines.

oWhat vaccines are not subject to the deductible?

- 1.UHC: Will cover all Advisory Committee on Immunization Practices (ACIP) adult recommended vaccines that is coverable under the Part D benefit for \$0 copay regardless of tier status. This will continue into 2026. Example vaccines include MMR, shingles vaccine, RSV, Diphtheria/tetanus/pertussis, and polio vaccines. The complete list is located here -- <a href="https://www.cdc.gov/acip-recs/hcp/vaccine-specific/">https://www.cdc.gov/acip-recs/hcp/vaccine-specific/</a>.
- Medicare Part B prescription drugs -- \$30 copayment. Part B chemotherapy drugs and vaccines would continue to be covered at a \$0 copayment.

oWhat chemotherapy drugs and vaccines would remain at a \$0 copay?

- 1.UHC: will continue to cover Part B vaccines at \$0 copay (pneumococcal, influenza, COVID, and hepatitis B vaccines for high-risk individuals).
- 2. Chemotherapy drugs under the \$0 benefit are those infusible or IV administered drugs that are administered in the provider's office or an outpatient facility.
- 3.This \$0 chemotherapy drugs benefit also include oral chemotherapy drugs that are dispensed by the pharmacy but determined to be purely covered under Part B by CMS [such as generic Xeloda (capecitabine) and cyclophosphamide].

# 2026 Medicare Part D CMS Mandates

Plan Feature	UC Medicare PPO, UC High Option Supplement, Kaiser Senior Advantage, UC Medicare Choice	
	2025	2026
TrOOP	\$2,000	\$2,100
Total Drug Cost (TDC)	N/A	N/A
Low-Income	Group 2: ≤100% FPL \$1.60 generic \$4.80 all others	Group 2: ≤100% FPL \$1.60 generic \$4.90 all others
Subsidy	Group 3: ≤150% FPL \$4.90 generic \$12.15 all others	Group 3: ≤150% FPL \$5.10 generic \$12.65 all others

# Medical plan premiums

- UC premiums are deducted from your UC pension
- Medicare premiums are paid by you
  - Out of Social Security income, or
  - Through Medicare Easy Pay, or
  - Through quarterly billing

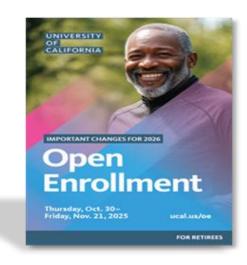


# Medical plan premiums

- 100% of UC contribution: see rate chart
- Graduated Eligibility:
- UCRAYS (during Open Enrollment)
- UC Retiree Premium Estimator tool located on UCNet
- ALEX virtual counselor http://ucal.us/oe
- RASC Customer Service at 1-800-888-UCOP

% of UC contribution above address stamp

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## 2026 Plan Costs for UC Retirees

The next few slides convey monthly costs for medical coverage that applies to retirees eligible for 100% of the UC/employer contribution toward the premium for each plan.

If you are subject to graduated eligibility and, therefore, not eligible for the maximum UC/employer contribution, your costs may be higher than those listed in this presentation.

Sign into your UCRAYS account beginning Oct. 27, 2025 to view your 2026 costs.

# 2026 When All Family Members Are In Medicare

Plans	Medical – Member Share		Part B UC Reimbursement	
	Single (M)	Two Party (MM)	Single (M)	Two Party (MM)
UC Medicare Choice	\$101.69	\$203.38	\$0.00	\$0.00
Kaiser Senior Advantage	\$0.00	\$0.00	\$185.00	\$370.00
UC High Option PPO	\$363.74	\$727.48	\$0.00	\$0.00
UC Medicare PPO	\$60.44	\$120.88	\$0.00	\$0.00
UC Medicare PPO No Rx	\$0.00	\$0.00	\$185.00	\$370.00

Rates based on full UC contribution (no graduated eligibility)

## When one or more family members are not Medicare- eligible

Non- Medicare/ Medicare Plans		Self + Adult 1 in Medicare	Self (in Medicare) + Child(ren)	Self + Adult, 1 in Medicare + Child(ren)	Self + 2 Adults in Medicare
Kaiser Permanente/	Your Premium	\$58.87	\$0.00	\$251.66	\$0.00
Senior Advantage	Medicare Part B Reimbursement	\$0.00	\$26.37	\$0.00	\$347.79
UC Blue & Gold/	Your Premium	\$565.65	\$392.51	\$856.47	\$494.20
UC Medicare Choice	Medicare Part B Reimbursement	\$0.00	\$0.00	\$0.00	\$0.00
UC Care/	Your Premium	\$558.68	\$376.20	\$874.44	\$436.64
UC Medicare PPO	Medicare Part B Reimbursement	\$0.00	\$0.00	\$0.00	\$0.00

# 2026 Non-Medicare (pre-65) Retiree Share

Plans	Single (U)	Adult + Child(ren) (UC)	Two Adults (UA)	Family (UAC)
UC B&G HMO	\$363.53	\$654.35	\$827.49	\$1,118.31
Kaiser CA HMO	\$240.99	\$433.78	\$570.15	\$762.94
HealthSavings+	\$292.86	\$527.15	\$679.08	\$913.37
UC Care	\$394.70	\$710.46	\$892.94	\$1,208.70

# 2026 Plan Changes – Dental Plans

## Dental Administrator Evaluation Findings

- Dental provider retention is an industry issue experienced by all dental administrators.
- Delta Dental continues to have the broadest overall provider network.
- Leaving Delta Dental would cause network provider disruptions for 20% (80,000) UC members.

### **Dental PPO Plan Enhancements**

Increased Increased coverage from 75% from 75%

		•	
	Delta Dental PPO Providers	Delta Dental Premier Providers	Out-of- Network Providers
Sealant Benefits	100%	80%	80%
Endodontics (Root Canals)	80%	80%	80%
Periodontics (Gum Disease)	80%	80%	80%
Oral Surgery	80%	80%	80%

Coverage for Delta Dental Premier and Out-of-Network for certain services are increasing from 75% to 80%, based on the plan allowance. There are no benefit changes for the Delta Dental Care HMO plan.

# **VISION- VSP**

- 2% premium increase retirees
- NO benefit changes for retirees in 2026



## LEGAL

## **ARAG**

1-800-828-1395 Client ID: 11700 No rate changes

-No benefit or rate changes for 2026

-Legal is open during open enrollment

# 2026 Member ID Cards

Medicare PPO Plans administered by Anthem Blue Cross and Navitus		
UC Medicare PPO	All Members: 2 ID cards: Medical card from Anthem and pharmacy card from Navitus	
UC High Option Supplement to Medicare	Anthem Health Guide will continue to provide customer service	
UC Medicare PPO w/o Rx	All Members: Medical ID card from Anthem.  Anthem Health Guide will continue to provide customer service	
Medicare PPO Plan insured by UnitedHealthcare		
UC Medicare Choice	All Members: new ID card with new copay info	



Andrew Fung a UC dedicated Fidelity workplace financial consultant.

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- Understanding your Retirement Saving Program
- Evaluating your individual situation and priorities
- Rollovers into UC Retirement Saving Program
- Comprehensive retirement income planning
- Legacy planning, charitable giving, and tax strategies

Retirement Administration Service Center (RASC)

# Open Enrollment Office Hours with RASC

Open Enrollment is from Oct. 30 to Nov. 21, 2025. We can help!

Open Enrollment office hours with the RASC Insurance Team

These sessions are a great opportunity to have your questions about Open Enrollment answered!

## Join us every Thursday from noon to 1 p.m.:

- Oct. 23
- Oct. 30
- Nov. 6
- Nov. 13
- Nov. 20

#### Link for virtual access:

https://UCOP.zoom.us/webinar /register/WN R5gvXDsWQDSG gAXLWQvLaQ During these sessions, the Insurance Team will be available to explain enrollment procedures, share best practices, and guide you through the steps of the Open Enrollment (OE) process. They will also provide useful resources to support you. Please note that these sessions are informational and will not include discussions about specific plan options or personalized recommendations.

We look forward to seeing you there!







- OE content and 2026 plan rates
- Which Medicare/Medical Plan is Right for You
- RASC call center open at 7:00am
- RASC Open Enrollment office hours



## Emeriti & Retiree Coordinator

Ellen.Pasternack@hr.ucsb.edu

## UCSB Health Care Facilitator

- Janelle.Mirzaei@hr.ucsb.edu
- Phone: 805-893-3450
- Recorded videos of Retiree OE Highlights and Medical plan Changes for Medical & Non-Medical plan Changes will be posted on our HCF YouTube channel.

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