

DEADLINE IS FRIDAY MARCH 1, 2019
Academic & Staff Assistance Program, UCSB, 2019-2020

Type of Placement: University of California Santa Barbara (UCSB) Academic and Staff Assistance Program (ASAP) / Employee Assistance Program (EAP)

Typical Emphasis (indicate which apply): Counseling & Clinical

Location: UCSB – Human Resources Department

Summary of Clinical Duties/Options: Provide consultation, psychotherapy, violence prevention-related services, and campus-wide wellness programming. Consultation is primarily provided for managers and supervisors regarding employees of concern and problematic departmental dynamics. Psychotherapy is delivered in a short-term model with referrals to campus and community resources being an important component of therapeutic interventions. Violence prevention includes conducting training for faculty and staff regarding how to recognize and refer individuals of concern to appropriate services. Seminars for trainees on threat and risk assessment are also included. Wellness programming will be developed and delivered by trainees in conjunction with supervisor. An emphasis is placed on developing skills and enhancing professional identity as an organizational and management consultant in addition to other scientist-practitioner roles. Theoretical orientation is problem- and solution-focused that is grounded in evidence based practice.

Type of Clients/Patients: UCSB faculty, staff, and eligible family members (spouses, adult dependent children)

Average Time Commitment: 16-20 hours depending upon trainee availability, flexible schedule between 8:00 a.m. – 5:00 p.m. Monday through Friday. Occasional after hours crisis debriefing activities will be an additional training opportunity.

Average Number of Face-to-Face Client Hours: Approximately 50% of time in ASAP can be direct service (including groups as available), which varies based upon time commitment made by trainee.

Supervision: Individual one hour weekly supervision with Pati Montojo, Ph.D., and individual one hour weekly case consult/group supervision. Weekly training seminar included.

Licensed Psychologist Supervision: Yes

Externship Contact: Pati Montojo, Ph.D.

Phone: 805-893-4477

Email: pati.montojo@hr.ucsb.edu

Web: <https://www.hr.ucsb.edu/asap>

Likely Number of Positions: 2

Application Deadline: Friday, March 1, 2019

Application Instructions: Please send cover letter and current CV directly to Dr. Montojo for review. A letter from Training Director stating trainee is in good standing in the program is also needed.

Estimated Start Date: Beginning Fall 2019 quarter (end of September 2019)