On the evening of May 23, 2014 the UCSB community suffered the tragic loss of six of our students and the injury of nine other students in senseless acts of violence. Directly or indirectly the members of the UCSB community have been touched by this tragedy.

Though we will always remember those lost and injured, time and events progress. This fall brings the enthusiasm of new students and the challenges of a new academic year.

As faculty and staff how can we move forward as well? As individuals and as a community, how can we build safety, resilience, efficacy and hope?

*Pathways to Healing* is a fall, lunch time speaker series that will explore a range of healing processes and provide information to help answer your questions. Please join us as we bring to campus experts in disaster and trauma, local therapists, clergy members, teachers of meditative practices and several of our own faculty and staff to offer a variety of perspectives on healing.

**October 29, 2014**

**The Community Impact of Tragic Events**

Much has been written about the impact of tragedy on the psychological wellbeing of the individual. However, we also need to understand the impact of tragedy on a community. How does it impact the UCSB community – students, staff, faculty, alumni and IV residents? Five months after our own manmade tragedy, are there lingering consequences of trauma and psychological wounds?

In this workshop we’ll examine essential tools for resilient coping in the face of adversity:
- how we can act to repair, to heal the psychological fabric our community
- the practices and principles that we can apply to foster social support and restore positive attachments

**Gilbert Reyes, PhD**
- Faculty Member, Fielding Graduate University, School of Psychology
- Author, *The Encyclopedia of Psychological Trauma*
- Lead Editor, *Handbook of International Disaster Psychology*
- President Elect, Santa Barbara County Psychological Association

Website

Presentations are open to all UCSB employees at no charge. You are welcome to bring your lunch. For more information call John Berberet, M.A., MFT/ASAP at x3318.