From the Retirees President

Dear UCSB Retirees,

We hope you had an enjoyable summer and took a nice trip somewhere. On Aug. 30th, 28 of our Retirees carpooled to Vandenberg Air Force Base for a personal tour on a bus. What an adventure to see things the public does not see. We had a very accommodating tour guide who made our trip even more enjoyable.

The third Wednesday of months September through May, we meet at 9 a.m. at Cody’s Café, Turnpike and Hollister for a no-host breakfast and interesting presentation. Our speaker for Sept. 20th was Tom Kronen, who spoke about reverse mortgages. Thank you Claudia Alphin for arranging this interesting topic.

We have a new UCSB Health Care Facilitator, Rebecca Preza. She will be our speaker on Wednesday, Oct. 18th to give us the latest information on our Health Benefits. The room at Cody’s fills up fast; those who will be ordering breakfast will be seated at the tables, others may have to stand. For additional Open Enrollment workshops see page 2 of the newsletter.

Ms. Ellin Ostler has been invited to come speak on Nov 15th at Cody’s Café, to show us how to prepare a binder with our own medical information for family use in an emergency. You will want to hear more on this topic.

Retirees President

Continued on page 7

From the Emeriti President

Colleagues,

Another school year has begun, and our fall Kickoff social event will be held October 19th at 3:30PM in Mosher Alumni House. Our speakers, Professors Sarah Anderson, Max Moritz & Andrew Plantinga of the Bren School of Environmental Science give their presentation: “Playing With Fire,” and will talk some about recent local fires. As I write this the Whittier fire has not been declared OUT. See page 5 for event details.

As you know the Association has always supported undergrad research and in the past has awarded prizes for the UCSB Undergraduate Research Colloquium poster competition. In order to influence a greater number of undergrad researchers we will be supporting such research with mini grants to undergrads so they can begin the work at the beginning of the new academic year. We will continue to support the Emeriti Prize, this year to a student for an outstanding Slam presentation before judges. Future emails will name the time and place for these oral presentations, usually held in May. Your contributions to undergrad research is greatly appreciated. See page 6 to see more about the Slam competition.

Later in October, your Emeriti Association representative will attend the Council of University of California Emeriti Associations (CUCEA, http://cucea.ucsd.edu/) twice-annual conference hosted by UC San Francisco. This is an opportunity for exchange of ideas among all emeriti associations on every campus, and to insure that UC retired
Open Enrollment for 2018
October 26th to November 21st

Open Enrollment information will be posted on the UCnet website when it becomes available  
http://ucnet.universityofcalifornia.edu/

<table>
<thead>
<tr>
<th>Topic</th>
<th>Time and Location</th>
<th>Description</th>
</tr>
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</table>
| **Open Enrollment Highlights**  
There are two opportunities to learn about the 2018 plan changes. The same information will be covered in each session. | **Retiree Association Breakfast Meeting**  
Wednesday, October 18  
9:00 am  
Cody’s Café, Garden Room  
Turnpike & Hollister  

*Space is very limited at Cody’s. Come to this event only if you are unable to attend the event on Wednesday, November 8 on campus.* | UCSB Human Resources Benefits staff will present an overview of plan changes and answer questions about the 2018 health plans.  
_______________________  
Also at the Retiree Workshop—there will be representatives from Fidelity and HICAP to answer your questions. |
| **New to Medicare**  
| **Retiree Workshop Part II**  
Wednesday, November 8  
UCSB Mosher Alumni House  
11:00 am - 12:00 noon | This workshop will help you get started with your UC Medicare plan.  
We’ll review:  
- Parts and cost of Medicare  
- Transitioning to the UC Medicare plan  
- How UC plans work with Medicare  
Representatives from Fidelity and HICAP will be available to answer questions. |
| **Non-Medicare Medical Plans**  
| Non-Medicare events will be announced on the UCSB Human Resources home page in late October  
http://www.hr.ucsb.edu/ | Retirees and family members who are NOT enrolled in Medicare can learn about the non-Medicare medical plans by attending employee Open Enrollment events. |

If you have questions, please contact:  
Rebecca Preza, UCSB Health Care Facilitator or UC Retirement Administration Service Center (RASC)  
rebecca.preza@hr.ucsb.edu  
805-893-4201  
1-800-888-8267
Open Enrollment Highlights

Open Enrollment is an opportunity to change plans and add family members to your UC sponsored insurance. Open Enrollment will be from Oct 26 to Nov 21. Any changes you make during this period will be effective starting January 1, 2018.

During Open Enrollment you can make changes online or by calling the Retiree Administration Service Center (RASC) at 1-800-888-8267 for assistance.

More information will be mailed to your home and there will be resources and enrollment instructions on the UCnet website http://ucnet.universityofcalifornia.edu/ in late October.

Anthem to Replace OptumRx for PPO Pharmacy Benefits in 2018

Effective Jan. 1, 2018, Anthem Blue Cross will administer pharmacy benefits for all of UC’s preferred provider organization (PPO) medical plans. This change will affect faculty, staff and retirees enrolled in the following PPO plans:

- UC Care
- UC High Option Supplement to Medicare
- UC Health Savings Plan
- UC Medicare PPO with Rx


CMS Reveals New Medicare Card Design

Removing Social Security numbers strengthens fraud protections for about 58 million Americans

Today, the Centers for Medicare & Medicaid Services (CMS) gave the public its first look at the newly designed Medicare card. The new Medicare card contains a unique, randomly-assigned number that replaces the current Social Security-based number.

CMS will begin mailing the new cards to people with Medicare benefits in April 2018 to meet the statutory deadline for replacing all existing Medicare cards by April 2019. Handbooks are being mailed and will arrive throughout September. The goal of the initiative to remove Social Security numbers from Medicare cards is to help prevent fraud, combat identify theft, and safeguard taxpayer dollars.

People with Medicare will receive a new Medicare card in the mail, and will be instructed to safely and securely destroy their current Medicare card and keep their new Medicare number confidential. Issuance of the new number will not change benefits that people with Medicare receive.

For more information, please visit: www.cms.gov/newcard. To see full article: https://www.cms.gov/Newsroom/MediaReleaseDatabase/Press-releases/2017-Press-releases-items/2017-09-14.html
WED, OCT 4, 2017, 9 AM-NOON
EARL WARREN
SHOWGROUNDS
$5 Admission - Free Parking -
Free Raffle & Prizes - Live
Music & Entertainment -
Valet parking for those with a
blue placard

110+ Businesses Serving Seniors &
Caregivers onsite. Speak to profes-
sionals and get answers to your
questions. Showcase of Volunteer
Opportunities & Activities. Learn
about and sign up for free and
rewarding activities. Healthy
Living & Health Screenings

Admission includes:
A Flu Shot for Seniors & Boomers Age 55+ donated by Cottage Health
Loan Closet by Visiting Nurse & Hospice Care (VNHC)
Senior Home Safety Assessments by VNHC Personal Care Services
Blood Pressure Screening by Santa Barbara Neighborhood Clinics
Glaucoma Screening by Lions Sight & Hearing Center
Information about Free Eyeglass Vouchers courtesy of SEE International
Hearing Screening by Miracle Ear® of Santa Barbara
Diabetes Testing & Nutrition Counseling by William Sansum Diabetes Center
Bone Density Scans by OsteoStrong®
Healthy Eating and Meal Planning Consultations by Sansum Clinic

Do we have your email address? If you are receiving the newsletter by US Postal
Service, we do not have a current email address on file for you - you may be missing out on
news, event invitations and other notifications. To update us with your email address,
contact us at debra.martin@hr.ucsb.edu or 805-893-4119
You are invited to attend the
UCSB EMERITI & RETIREE ASSOCIATIONS

2017 Fall Kickoff
Mosher Alumni House
Thursday, October 19, 3:30 PM – 5:30 PM

Sarah Anderson, Max Moritz & Andrew Plantinga
Bren School of Environmental Science & Management
presentation and slideshow
“Playing With Fire”

We invite recently retired faculty and staff (retired April 2017 to present) to attend free as our guests!

Come reacquaint with old friends and colleagues and welcome new UCSB Retirees into retirement, while enjoying appetizers and wine tasting.

A minimal charge of $6 per person ($5 if you’re up-to-date on your 2017/2018 Retirees or Emeriti Association membership dues) will help us cover the venue, food and wine.

We look forward to seeing you there! Invitations will be sent out via email or U.S. Post.

For more information email debra.martin@hr.ucsb.edu or call 805-893-2168

Research Initiative Seeks Innovation Through Collaboration

Wildfires have been increasing in the western U.S. and elsewhere, a trend that is expected to continue with climate change. While fire plays a vital role in maintaining the health of many ecosystems, it can also be a destructive force that puts human communities at risk.

Fire-management challenges lie in addressing the threat to human well-being posed by fires, particularly at the wildland-urban interface; the uncertainties associated with various fire-related land-management practices, such as thinning and controlled burns; and the complicating factor of climate change.

http://www.bren.ucsb.edu/research/SERI_fire.htm
Changes to UCnet/At Your Service Online

UC HR Benefits Information Systems has made a few changes to the At Your Service (AYSO) Main Menu (https://atyourserviceonline.ucop.edu/ayso/) in response to feedback received at a recent retiree focus group discussing technology usage. The changes went into effect September 26th.

1. UCRP Benefit Income applications have been moved from “Retirement & Savings” to the “Income & Taxes” section, as shown in the screenshots below.

2. A link has been added under “Stay Connected”: “Retiree/Emeriti Associations and Centers” http://ucnet.universityofcalifornia.edu/retirees/associations.html

3. A link to the Social Security Administration has been added under the “Retirement & Savings” section.

EXAMPLE of Main Menu for a retiree who has been long retired:

![Example Main Menu for Retiree]

EXAMPLE of Main Menu for a recent retiree:

![Example Main Menu for Recent Retiree]

If you have questions, please contact the UC Retiree Administration Service Center (RASC) at 1-800-888-8267
UCSB EMERITI ASSOCIATION UNDERGRADUATE RESEARCH AWARDS

This year the Emeriti Association allocated prize money to the undergraduate Slam competition, with the final judging held on May 16, 2017. The College of Letters & Science and the UCSB Emeriti board have created a special award, the “Emeriti Award.” This year’s award winner—Alexander Smolentsev—was awarded the $1,000 prize for his presentation “Curing Diabetic Retinopathy with the help of the Nile Rat Biopsychology.”

The Emeriti Association participation included judging the competition. Our appreciation goes to Emeritus Professor Robert Warner and Emerita Professor Merith Cosden for their work with the first round judging, and Emeritus Professor William Prothero who was on the final round judging panel. Thank you, too, to our Emeriti Association members for their donations; without their generosity it wouldn’t be possible for the Association to contribute to this competition.

To read more and to view the 2017 Slam competition winners, go to: http://duels.ucsb.edu/research/slam

Senior Life in the News

Silvernest is the Airbnb for Seniors
CNBC, May 2017
The latest boom in housing, where the fastest growing demographic in roommates is senior citizens. To see the news video go to: http://video.cnbc.com/gallery/?video=3000618251

Music to My Ears: Canadian Researcher Explores Link Between Music and Hearing
CBSNews, June 2017
As we get older, many of us lose our hearing. A side effect, if you will, of aging. But what if you could do something to keep your auditory abilities sharp, well into your senior years? Researchers with a new program at Memorial University's Grenfell Campus in Corner Brook are working on an approach that may literally be music to your ears — they’ll soon be testing seniors to examine whether music training may be the key to better hearing. To read more: http://www.cbc.ca/news/canada/newfoundland-labrador/hearing-seniors-grenfell-memorial-university-corner-brook-research-1.4142985

5 Ways to Make New Friends After 50
UC Berkeley, healthafter50, May 2017
If you've left the workplace, moved to a new location, or are just out of touch, you may be feeling a little isolated. But don’t despair. New opportunities can still abound, and cultivating new friends can be good for your mental health, too. To read more: http://www.healthafter50.com/mental-health/article/ways-to-make-new-friends-after-50
Our annual Holiday Luncheon is a very popular event and again we have scheduled it at the Elks Lodge for Wednesday, Dec. 13th. Please join us for a wonderful time with great food and a fundraiser raffle to support our scholarships. More information will be mailed to you at a later date with a registration form.

Our Emeriti/Retirees reception will be held on Thursday, Oct. 19th at the Mosher Alumni House from 3:30 pm – 5:30 pm, featuring three UCSB Bren School Professors presenting their research on wild fires as well as appetizers and wine tasting. The presentation will be very interesting, and this event is another opportunity to visit friends.

We want to thank our Board members, Betty Koch and Ginny Turner-Scholl, for doing an outstanding job on our annual audit; also many thanks to our treasurer, Irene Pearce, for doing an excellent job on keeping our financial books. Your annual dues are very much appreciated as your dues help us run an efficient retirees group and gives you wonderful programs as well as help in supporting our scholarships.

Thank you to Laurie Theobald who is our membership chairman. She reports that we now have 288 paid members for the 2017-2018 year—thank you to our members. If you have not yet joined, please let Laurie know: ljtheobald@yahoo.com. Dues are only $15.00.

We hope to see you at one of our events.

Barbara Anderson & Nancy Tanner, Co Presidents
UCSB Retirees Association
Barbara62239@gmail.com   LadyTanner@aol.com

Emeriti President con’t from page 1

Faculty and staff voices are heard by UCOP officials attending the conference. Our own Bill Ashby is the Secretary to CUCEA and the UCSB representative.

Hope to see you at the fall Kickoff event on October 19th; it’s a perfect opportunity to catch up with friends and colleagues.

Sincerely,
W. Douglas Morgan, President
UCSB Emeriti Association
wdmorgan40@yahoo.com

UCSB Human Resources Holiday Closure
As of the date of publication, 2017 campus closure dates have not been announced. They are typically scheduled the week before, and/or, of Christmas. During that time, for benefits info you can go to:

Health Plan Contacts:
http://ucnet.universityofcalifornia.edu/contacts/plan-contacts.html

UC Retiree Administration Service Center
1-800-888-8267

UCnet (formerly At Your Service):
http://ucnet.universityofcalifornia.edu/

Fidelity Retirement Services
1-866-682-7787 or https://nb.fidelity.com/public/nb/default/home
Parking Permit Renewals

Check your UCSB retiree parking permit expiration date! Every other year, retirees who visit campus will need to renew their parking permit for the next year. Parking Services will ask to see your blue emeriti or retirees ID card in order to renew your permit. If you cannot locate your card, contact Debra Martin at debra.martin@hr.ucsb.edu or 805-893-2168 to request a replacement ID card (cards do not expire). Eligible retired faculty/staff will be sent their card via US Post. For Parking Services: 805-893-2346 or http://www.tps.ucsb.edu/

Alzheimer's or typical age-related changes?

When a loved one seems more forgetful than normal, it’s important to know the difference between typical age-related changes and cognitive impairment, including Alzheimer's.

<table>
<thead>
<tr>
<th>5 signs of Alzheimer’s</th>
<th>Typical age-related changes</th>
</tr>
</thead>
<tbody>
<tr>
<td>Poor judgment and decision-making</td>
<td>Making a bad decision once in a while</td>
</tr>
<tr>
<td>Inability to manage a budget</td>
<td>Missing a monthly payment</td>
</tr>
<tr>
<td>Losing track of the date or the season</td>
<td>Forgetting which day it is and remembering it later</td>
</tr>
<tr>
<td>Difficulty having a conversation</td>
<td>Losing things from time to time</td>
</tr>
<tr>
<td>Misplacing things and being unable to retrace steps to find them</td>
<td>Sometimes forgetting which word to use</td>
</tr>
</tbody>
</table>
The Importance of Volunteering

Volunteering may have positive benefits for the volunteer as well as for the person or community served, or to make contacts for possible employment. Many volunteers are specifically trained in the areas they work, such as medicine, education, or emergency rescue.

Volunteer opportunities in the Santa Barbara area:

**Animal Services** (Public Health)
Our Animal Services volunteers are invaluable! They help to keep our animals safe, clean, and adoptable.
Click link, or phone: 805-681-5285 or [http://cosb.countyofsb.org/phd/animal.aspx?id=23212](http://cosb.countyofsb.org/phd/animal.aspx?id=23212)

**District Attorney**
Assist in resolving citizens disputes with private businesses as a volunteer mediator. Obtain a first hand look at the workings of the District Attorney's office, as well as attending many different court proceedings as a volunteer Attorney Intern; assist a team of dedicated professionals in establishing and enforcing support for Santa Barbara's children.
Click link, or phone: 805-568-2300

**Grand Jury**
Grand Jurors provide civil government oversight and investigate citizen complaints.
Click link, or phone: 805-568-2291

**Parks Volunteer Opportunities**
Help the Parks Department generate funds preserve, protect and enhance county parks and open spaces, or participate in coastal resource cleanup programs.
Click link, or phone: 805-5638-2461

**Probation Department**
Community volunteers are a valuable asset to Juvenile Hall, the Camps and in assisting Probation Officers in their daily duties. Opportunities are available working with adults or juveniles.
Click link, or phone: 805-882-3758

**Project Clean Water** (Public Works)
From storm drain stenciling to riparian and wetland maintenance, there are many ways to participate in Project Clean Water.
Click link, or phone: 805-568-3561

**Public Defender**
The Public Defender Office is part of an important humanitarian, non-profit effort to assure justice for the least fortunate and most vulnerable members of our society. There are many opportunities for community members to contribute to this cause.
Click link, or phone: 805-568-3470

**Sheriff**
The Sheriff Department has many exciting volunteer opportunities including Search and Rescue, Chaplains Program, Citizens Academy, Aero Squadron, Sheriff's Volunteer Team, Explorer Post and more.
Click links, or phone: 805-681-4100

**Workforce Investment Board (WIB).**
The Santa Barbara County Workforce Investment Board (WIB) has a community volunteer opportunities. The WIB is dedicated to ensuring the long term economic success of Santa Barbara County by supporting the needs of employers and pairing that need to find qualified workers with job seekers career opportunities. The WIB is a public/private partnership created by the Federal Workforce Investment Act legislation. If you would like more information please contact Clarissa Morris at [c.morris@sbcocialserv.org](mailto:c.morris@sbcocialserv.org) for further details.
Click link, or phone: 805-681-4453

**Help Local Veterans** Become a volunteer shuttle driver and help transport Veterans to and from the Santa Barbara VA Clinic. M-F, 9am – 3pm.
Call Voluntary Services 805-354-6004

**CaliforniaVolunteers** is the state office that manages programs and initiatives aimed at increasing the number of Californians engaged in service and volunteering.
Click link, or phone: 916-323-7646 (Sacramento)

**Direct Relief International** provides medical assistance to improve the quality of life for people affected by poverty, disaster, and civil unrest at home and throughout the world.
Click link, or phone: 805-964-4767

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**Santa Barbara County AmeriCorps Partnership for Veterans & People Experiencing Homelessness**
Join AmeriCorps to help veterans and people experiencing homelessness. Full and part-time positions are available throughout Santa Barbara County. Much more than just a job, AmeriCorps members get things done as part of our nation’s domestic Peace Corps. Volunteers receive a cash living allowance while serving and qualify for an education award upon completion of the term. Full-time volunteers are also eligible for medical benefits. Go to [www.sbcamericorps.org](http://www.sbcamericorps.org) to apply and for more information.
Retiree Breakfast Meeting Schedule

Meets on the third Wednesday of months September thru May
9AM at Cody's Café, Hollister/Turnpike.

2017

Oct 18 – Rebecca Preza, Open Enrollment & Health Benefits

Nov 15 – Ellin Ostler, Organizing Your Emergency Information

Dec 13 – Retiree Association Annual Holiday Luncheon & Raffle - look for your invitation in November

(topics and guests are subject to change – we will do our best to keep you informed)
Suggestions? Donna Craig at 805-968-6320 or djcraig55@yahoo.com

In Memoriam

Curtis B. Anderson
Chemistry Department
Retired 2002

Carlos G. Barron
Spanish & Portuguese
Retired 1993

Faith D. Berry
Black Studies
Retired 2002

Susan S. Bower
Library
Retired 1999

Celia C. Breyfogle
Student Health
Retired 1991

David W. Brokensha
Anthropology
Retired 1989

Elliott Butler-Evans
English Department
Retired 2004

Danneen Chapple
UCen
Retired 1999

Jean De Muller
Education
Retired 1991

David Garcia
Facilities Management
Retired 1991

Sanford E. Gerber
Speech & Hearing
Retired 1994

Jody L. Kaufman
Exec. Vice Chancellor’s Office
Retired 2012

Clement E. Krause
Admissions
Retired 1991

Mary Lynette Larsgaard
Library
Retired 2009

Linda A Lindberg
Development
Retired 2007

Anthony Mulac
Dept. of Communications
Retired 2005

Helen Nordhoff
History
Retired 1991

Llad Phillips
Economics
Retired 2002

William A. Rohrbach
Art Department
Retired 1984

Donna Saar
Music Dept.
Retired 2001

John Skalnik
ECE
Retired 1986

Corlette R. Walker
Art History
Retired 1990

John H. Wilson
Facilities Management
Retired 2000
Retirees Association Officers 2017-2018

Co-Presidents  Barbara Anderson
               Nancy Tanner
Vice President  Shirley Dunbar
Secretary        Ginny Turner-Scholl
Treasurer       Irene Pearce
Membership      Laurie Theobald
Programs        Donna Craig

Programs Asst  Donn Miller
               Claudia Alphin
CUCRA Rep      Robert Mann
Ex Officio     Betty Koch
Members-at-large
               Marilyn Benson
               Tippi Lawrence

Emeriti Association Officers 2017-2018

President       Doug Morgan
Vice President  OPEN
Secretary       OPEN
Treasurer       OPEN
CUCEA Rep       Bill Ashby
CUCEA Alt.      OPEN

Board Members
               David Chapman
               Alice Condodina
               Paul Hernadi
               Bill Prothero
               Tonia Shimin
               Barbara Voorhies

http://www.hr.ucsb.edu/
retirees/welcome